## Eddie Takosori's UFO Attractor's Handbook Practical Advice for an Impractical Hobby

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3 - UFO - Nothing is Real

Let us breathe deep.

Let us bring up everything we know about the world, the universe, and everything else into our lungs. Let us let everything we know about everything -- UFOs, aliens, our friends, our families, ourselves... Let us let all of these delusions gather together in our lungs and then let us breathe them out.

Let us empty ourselves of everything... and of everyone... including yourself.

Forget who you are. Forget what you know. Forget your desires, your dreams, and your wishes.

Let it all go.

Watch it drift away.

Do not grieve its passing.

It never did give you what you wanted, take you where you desired, or give you what you craved, so what good is it?

So let it go.

All you must do is breath in, breathe out, exhale deeply, and let it go.

Practice for a while...

Breathe in... let the doubt, worries, and concerns gather together in the pit of your gut, and then...

Breathe out... and send them on their way.

UFOs do not exist you know. They are fictions. They are fairy tales. They are lies.

But then, after you have let is all go, all of your thoughts, your feelings, your dreams, and your emotions, you will find that all that is left are the fairy tales, the lies, and the delusions.

And then you will realize that UFOs are real, or at least could be real, or that at least you hope they are real.

Do you hope?

This is enough.

But if you do not hope, then read no further. For as the saying goes, if you believe in fairies, all you have to do is clap your hands.

Well my friend, if you believe in UFOs, are to believe in UFOs, are to keep the faith alive and well, and to follow that path that leads to the stars and far beyond, then you will have to do so much more than merely clap your hands together.

You will need to start from scratch and learn to breathe.

It is simple really.

All you do is breathe out...

And then breathe in...

And while you do, realize that UFOs are not real, but that this is not the stumbling block others would have you believe that it is...

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