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Also please note, this is only the First Edition of the UFO Attractors Handbook. There are Second & Third Editions as well. And although the subject matter is more or less the same. The line for line copy differs. Each is a complete rewrite from beginning to end. Well, not the Third Edition so much, Eddie died before he finished it, but you get the idea. Concept = same. Jokes/copy = different.

The UFO Attractors Handbook
Practical Advice for an impractical Hobby
By Eddie Takosori
(((The First Edition)))

The UFO Attractors Handbook,
A how to manual for increasing the odds of having an authentic
Otherworldly experience

Dedication
For
Fred, Fred, and Fred
Better friends a boy never had.

Remember
Protean Bars are made of People

Those Solient Folks Giving Green a Bad Name
We'll show them

To my Mom,
Cause I always said if I ever wrote a book, I'd dedicate it;
To my Mom,
I finally wrote a book, so get off my back already

Some have Experienced UFO's. By looking at the Where, What, When, and How of those experiences, one can formulate a plan to increase one's own chances of having an experience.

Go When the UFO's Are.
Go Where the UFO's Are.

How to use this book

Heck use it however you want. I hope you enjoy it. Really more to the point, what is my intent?

The intent is to write an aid in changing ones life. Ostensibly that change is to introduce UFOs and Aliens into your world. This is a private journey. I can show you the door I and others have taken, but you have to walk through the door. Not once, but repeatedly. I can't open the door for you, or even exactly point it out, just sort of point the general way.

How can one man force another's eyes open without blinding them?

UFO Book Concept

The concept for this book was born the third time I saw a UFO in the Sky.

I had just pulled into my driveway in the middle of a Californian suburb, on sunny afternoon. Not really ideal UFO conditions, I would have thought. For no particular reason I looked around the cul-de-sac where I lived. Something in the sky caught my eye.

Way, way up there; what was it? A little reflection of sunlight off a plane, or a satellite? No. Maybe a giant search light from a plane? I mean this thing was huge. It was at least a mile up there and the light was intense. We just don't make search lights that bright.

So what was it? A meteor, a comet? That's what it was a comet breaking up as it entered the atmosphere into a cone of incredible brilliance.

It was massive, and it hung in the sky like forever. This was a huge comet/meteor thing. What kind of damage would this thing do when it hit.

And then it blew up. Nice fireworks, nice effect. How big was that thing? How much bigger and we'd all have bitten it. Wound up dust, blown up like the dinosaurs.

--

A comet crashing to Earth is what I saw. The newsman said it was a test missile the US had blown up over Monterey, CA. So, I believed what the newsman said, just like a good boy.

But, it got me to thinking. I was going to believe what they told me. I could see something with my own two eyes, know it to be true, and then just be as convinced as all get out that I had been wrong if someone on the TV or Radio told me a different story.

It got me to thinking. I mulled it over and tasted it for a while. Feeling the implications. I was gonna flat out believe whatever the man told me. There it was just like they say; "There is my way, the right way, and the army way." And here I was, I could help myself but to buy into the army way. I'd been conditioned my entire life. So, if they said it was a test

missile, then probably that's what it must have been.

Probably, but the ice was beginning to melt.

-

In that thought a link was forged. Two Explosions in space the test missile comet and the space shuttle. I had a personal and profound emotional reaction of elation and wonderment for the comet and depression/sadness for the shuttle. Together they were to elicit a series of introspective thoughts that would change the way I interpreted reality, and in the end cultivate in this book

Two Explosions in Space	Comet/Test Missile	Space Shuttle
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Profound Emotional Sadness Reaction	Elation, Wonderment Relief	Depression
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Introspective Thoughts belief	My way, the right way And the Army Way	My knowledge and Dependent upon the media
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Leaving me Wondering Reality What was the Truth?	What was the Right Way	Where was
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UFO Aliens blew up space shuttle

So eventually I landed upon the ideal solution. And it's not what they'll ever tell you on TV.

Aliens blew up the space shuttle.

Months earlier, Earth had blown up the alien's exploratory vessel.

That's what the comet was.

It starts with the meteor incident. Remember it started as a UFO to me,

that's what it's always been. Aliens in an exploratory vessel arrive in Earth's atmosphere. Probably without the proper permits in violation of a treaty, or in ignorance, whatever. How would I know? Anyhow, planetary defense notices the alien craft and blows it out of the sky. See it really was a missile. After all, the army wouldn't lie to us.

-

Months pass, Earth gets ready to launch it's own exploratory vessel into space. But in the mean time the aliens have received a distress call from their own craft. They launch a retributive strike, and when the shuttle goes up, the aliens blow it out of the sky.

Tit for Tat.

We should be thankful the aliens in question had a highly evolved sense of fairness.

--

Not convinced,

Tell me it's just a coincidence that the time lapse between the "test missile" incident and the space shuttle is exactly twice the intersellat transit time between Earth and Sirius 6.

Coincidence? I think NOT.

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UFO wall of TV's

I saw the report about the shuttle explosion at Kmart. They had one of those wall of TV's. Dozens of TV's all playing and replaying the same image, the shuttle exploding. Complete with commentary. Over and Over. I was mesmerized.

It hit me deep and hard. It was an emotional shock that brought me down for the rest of the day.

Watching a report of something on TV, was really messing with my happiness. I hadn't even seen it live, just eating up the information the man gave me. If not for the TV, I'd be completely ignorant of the space shuttle happenings. I didn't even know that day was a launch day. I simply didn't care about the shuttle.

But, here it was, the TV shows me a story and it blows my ignorant little bliss of a happy day completely out the window.

It got me to wondering the degree of control the media has on me.

--

UFO Months Later What's the Right Way

Months later the space shuttle blew up. Not faulty O rings this time, it was a block of foam insulation. O rings, insulation, binary transducer cables, whatever. I'm no rocket scientist, if that's what they say, then that's what it is.

Familiar though pattern, huh? I started looking at the two events in my head. Whatever they said, I was going to believe.

But I'm a clever chap, maybe too clever. Like to play with things and all. If there's my way, the right way, and the army way. And, I know my way and the army way; What's the right Way???

1 + 1 = ? (picture)

--

UFO Desert Dreams

It was long ago, back when I used to travel back and forth across the country in one beat up truck or another. I was in the desert, somewhere in Arizona or New Mexico. It was late at night and I was looking for a place to pull over and go to sleep, but I wasn't finding a likely spot. 10PM had become 11PM, and 12PM had gone to 1AM.

At around 2AM, when I hadn't seen another car for hours, I was the lights in the distance. Above the desert floor, dancing back and forth. There were two of them coming together and swirling away, doing figure eight type curves in the sky. Mile after mile they stayed with me. I even stopped and got out of my truck to watch them for a while.

--

I've seen videos of these lights subsequently on TV shows about UFOs. But after staring at the lights long enough I figured out what they were. Cars coming down the mountain road across the valley. The headlights gracefully curving back and forth as the cars went around the switchbacks.

Still, in the fifteen minutes it took me to decipher the scene, I knew the joy and mystery of witnessing a UFO firsthand.

--

UFO True to Myself

Different parts of me believe UFOs are real, complete bullshit, delusions, dreams, and mystical experiences.

Any book about UFOs which would be true to myself would also need to be true to all of these perspectives. Which at times can be a daunting discontinuous process, as there is not a lot of overlap between;

UFOs are real, &

UFOs are complete and utter bullshit.

--

This book revolves around that overlap and discontinuity. What paradigms one accepts about UFOs; be they real, fake, imaginings, dreams, mystical experiences, angels, delusions, symptoms of schizophrenia, or simply outright lies. What one accepts as the paradigm, determines the best methodology for making UFOs manifest in one's own reality.

The real trick lies in crafting a methodology that runs the gamut. Phrases like "making manifest" and "reality testing" are anchored in certain paradigms.

The value of taking the program as a whole, is that it covers the entire spectrum. Regardless of the truth, UFOs are in here, and the way to them IS revealed.

Open the door, follow the path, walk the walk. The journey will create the destination.

--

UFO Do I Believe

Do I believe all this crap?

No, really do you?

I believe in the innate ability of the human mind to craft it's own reality. That each person can take the same stimulus, and have a different perception (or perspective).

This book is about changing perception, changing reality, and changing one's life.

I believe with all my heart that if one tries, really tries, one can experience UFO's.

Or anything else one might wish to experience.

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UFO Degree in BS

I'm proud to say I have a degree in BS

This book draws upon many sources. Certainly it draws upon my own UFO sightings, discussions with other beings, my experiences with altered states of awareness, countless books, other media sources, and my education, a BS in Psychology and a certificate in addiction studies.

Not everything, not every idea is appropriate for every reader. The book is about change. No sense going to the Desert to see UFO's, if you've lived in the Desert your entire life and have haven't seen and UFOs. The Desert is classic UFO country, but if it's not working for you, Try Something Else. Go to the city for a while or hit a swamp or the seashore.

--

UFO If For just a Moment

Not all UFO experiences are the same. I play the lottery. I remember once while playing a scratcher ticket, I'd thought I'd won \$1000. Three \$1000s all in a row. I was ecstatic. I couldn't believe it. I looked real hard at the ticket and scratched off a bit more, and one of the \$1000s turned into a \$100.

A lot of my UFO experiences have been like that. A real rush of exhilaration, followed by at some point a more mundane explanation.

Go for the Rush.

Seeing and Believing a UFO, if for only a moment, is better than never seeing one at all.

--

The only other thing that I just don't know is at some point on that lottery ticket did I have three \$1000s? Did I have a winner? And, then through my own disbelief, did I change the ticket? Did I change reality?

All the mental traces in this book might not be for you, but if the TV is nothing more than 500 channels of digital mind control..

Then when the mind control of the the TV is gone, What freedoms do we have then? What then is possible?

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UFO Pursuit of Happiness

I believe in life, liberty, and the pursuit of happiness.

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Just along for the ride, wondering where this weirdness will lead, or if seeking UFOs is your pursuit of happiness.

It's all the same to me.
Enjoy the ride.

Just remember to look out the window, that's where the UFOs are.

--

UFO Ying Yang and All that

There is a way to go to experience UFOs, but since I don't know you, I don't know where you are. Should you go right or left, up or down.

Giving 100% solid certain, do this steps, is not appropriate.

Safe to say, you are either already UFO experienced or you are not. If so, keep up the good work. Pick and choose from these suggestions those which compliment your success. And, if so far you have not succeeded as you would desire; Change.

Do it differently.

Do it NOW.

--

UFO Don't Eat Meat

Listen, there are two sorts of aliens; those who eat lower forms of animal life and those who do not.

Trust me. You do not want to meet aliens who consider you food. The alien who is repulsed by your hamburger is just the type of alien you really want to meet, so ditch the burger.

--

The TV is 500 channels of video mind control. Turn it off. Leave it off. Garbage in, garbage out. Work it further and you are what you eat. In the end it comes down to UFO in, UFO out. Control what your mind eats, and you're closer to freedom.

--

Where to start. We live in a consumer culture. Heck you didn't just go out and stare into the night sky looking for UFOs, you bought a book. OK, OK. You did go out into the backyard when you where a kid, and no go, no UFOs. It's been what 10, 20, 50 years and still no UFOs. I mean time's getting short. So lets get some serious advise.

Let's start with the right equipment.

--

UFO Ditch Electronics

First off, ditch all the electronics. Get unplugged. Remember 500 channels of digital mind control, well it extends. Avoid it's reach, get off the grid.

And oh, guess what, those aliens who travel through space with

their whatamacallit drives, they pack some high tech surveillance and detection devices. They are gonna notice your GPS unit, cell phone, digital camera, whatever. They are so all over that.

And guess what, the reason you haven't seen a UFO yet, is that they don't want to be seen. Generally speaking, if they see you, you won't see them. So ditch the electronics, they leave a trace a mile wide.

--

Get binoculars. Now don't spend you whole life looking through binocular lenses, but they are a good item to put into your UFO kit.

At some point you're going to want a closer look. Is it a UFO or a streetlamp? Binoculars can solve that dilemma.

But don't reach for those binoculars too fast. I mean before that UFO becomes a streetlamp, enjoy it for awhile.

--

UFO Food and Water

Pack plenty of both, don't skimp. Get the good stguff, only you can say what that is, and enough to share. If you meet up with anyone, anything, you're gonna want to have enough to share. Make it a picnic.

I personally go for pure water and the organic health food. Blends into the environment (doesn't leave a trace) and keeps the mind clean.

Remember ET and his candy. Food is a great way to achieve communion.

Many aliens have a sweet tooth and are here to enjoy the local delicacies, which to some frames of mind means twinkies and cup cakes. I find sharing chocolate is a great way to make friends (and some even

think certain foods like chocolate were seeded on this planet by the aliens for the aliens). And since we broadcast our media into space, many visitors consider Reeses Pieces and M&M's an imperative. Kinda like going to Hawaii and eating pineapple (and bringing one back for the kids).

Reeses, M&M	ET
Chocolate	Make Friends,
Junk Foodd	Sometimes what it takes

Food	Trace	Benevolence	Focus
(sugar/fat)			
Beef Jerky	0	-	0
Granola	-	+	+
Chocoloate	0	+	-
M&M	-	0	-
Potato Chips	+	0	0
Hamburger	+	-	0

+ = high

Trace - the fragrance of the food and other detectable quantities. How easy is it to detect. If your plan is to sneak up on UFO's, a low trace is a good thing.

Benevolence – Remember there are aliens who eat meat (including humans?) abd those who do not. What type of critter, alien or otherwise, is likely to be attracted or repulsed by such food.

There are other factors such as portability, tastiness, perishability to think about when deciding what to take along. As is central to most things, think about it and make a conscious(iencious) decision.

Focus – Foods have an effect on your psyche. I recommend the granola way, because I like the clarity. But there are definite advantages to being sugurded up, hyped on caffieid, and buzzed by alcohol. Certain boundaries, restraints, are easier to break through when the mind is clear, and others when the mind is muddy.

Can wrap things up in zip lock bags o maintain freshness, reduce trace, and help keep oneself organized.

-

Pharmacology

Alcohol, sugar, caffeine, mariguana, cold medicine, aspirin, and other intoxicants.

To me it's 50/50.

I mean sure, dose yourself up. You're bound to see more UFOs. It really is the easiest way to change your perception of reality. Even sugar does this. Drugs works. That's ,why people take them. But, there are consequences; legal, social, physical, mental. UFOI stories that start; "I was drinked," "We had just dropped acid," etc aren't really very convincing.

Have I mentioned Intoxicants?

Talk to your doctor before changing any medicaton. There, you can't sue me now. Ha Ha ha. Consult a doctor, follow his advise. Or not, your choice.

I personally wonder how much my own meds interfere with being able to see things.

No not psychotropics, yea of little faith. I'm been very careful never to have been diagnosed as a schitzophrenic. I take glaucoma drops for my eyes. There they go right into my eyese. How much of my

true sight is lost to those drops?

Anyhow, there is plenty of safe stuff to cut out before heading for the meds. Cut out tobacco, alcohol, caffeine, high fructose corn syrup and other sugars. Tackle one, and then the next. If you can't cut it out completely, reduction is the next best thing.

If it has a psycho effect, stay away. Trust me, most Americans don't have a lot of experience with a clear state of mind. No one drinks whiskey cause it tastes good (they do not have a non-alcoholic whiskey on the market after all). The taste is acquired, sure, and linked heavily with the alcoholic effect, even tobacco tastes good with time (but not the first time, it is learned). Avoid all this stuff, clean up ones diet and health from head to toe.

--

Heck, you even might want to start an exercise program. Taking a morning and evening walk right after and before sleep can aid UFO contact.

Let me break this one down for you. Messing with sleep habits, changing exercise, consecrating activity in an effort to see UFOs.

Consecrating activity is key, lets the mind and universe know why you are engaging in this activity.

Doing at beginning and end of day, links activity with sleep and dreams.

Going outside for a walk, maximized the potential for being in a UFO sighting condition, at a time of day of high likely hood (night, and transitional sunset, sunrise, twilight, etc) when the awake mind is not fully functional (either getting ready to go to sleep, or still waking up).

Flat out you are creating an opportunity to see UFO's and maximizing your personal space and mind to accommodate such activity. An afternoon walk will not yield the results of an early morning (4AM) not by a long shot.

Mess with sleep habits, change in exercise, before and after.
 Consecrated activity for UFO (changing eating, whole purpose of walk) and spending more time in a UFO potential area (outside, healthy, mind aware).\

Multiple cross overs relating to UFO builds up importance of UFO in ones life and mind, creates the opportunity for it to happen. Walke at start and end of awake cycle, links UFO's with dreams (the most common time for UFO activity), which is the most likely place for close encounters of the third kind to occur.

Never thought an evening walk would be a key component to a life changing experience. Well now you know.

--

UFO Be Friendly
 Be fiendly.

Want some good advise? Real good advise? Say Hello to everyone, absolutely everyone.

When you wake up, vow to say Hello to 5 strangers everyday, then 10, then 50, then everyone. Say Hello to everyone, everything, everyday, all the time.

Say Hello.

Don't expect anything in return. Don't expect a Hello, "have a nice day", or even for them to acknowledge your existence. Don't worry about it. Say Hello, because you are alive, and wish to live.

--

When they say Hello back

Well first off, try not to be surprised. If you are saying hello to everything, back of heads, averted glances, etc, if you are saying hello to

everything, you are getting a lot of rejection, and a lot of active ignoring.

But, when they do say hello back, engage them in conversation. Be friendly, chat it up. Great Weather? Cool Jacket! How about those Bears, Cubs? Come here often? Say, have you ever seen any UFOs? Ha, Ha, just kidding.

Keep the conversation going, be friendly, and accepting.
Be nice.

--

Hello 2

No need to wait for an invitation to say Hello. Say Hello to the back of heads, say hello to the avoiding eyes, say hello to everyone like you would to a wide eyed smiling inquisitive baby. Be friendly and the world will respond. It will say hi back.

-

The hardest part of this exercise is to not use Hello as a weapon. The last thing many people want is for you to say hello to them, acknowledge your existence, or engage you in conversation. If you say hello to everyone, only ten percent of the people you say hello to are going to say hello back, and less than ten percent of those ten percent (1%) are going to want to communicate further.

Expand your awareness and openness to other beings. You never really know who you are going to run into; How far from home they really are; and my god, how long it's been since they've met a smiling face.

Vvvvvv

Why are they here., the tourist
While in Rome, visiting aliens, where are they

Cultural Events

Movie Openings, craft fairs, museums, holiday celebrations, open houses, exhibits, street fairs, art fairs, parades, mall on Friday after thanksgiving

Natural Wonders

Primitive Cultures

What they've lost

The wonders of a home cooked meal, or handwritten notes, basket weaving

Primitive Technology

The Simple Pleasures

VVVVVV

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Flashlight

A flashlight is a good thing to have while wandering around in the dark of night. I recommend a small led, penlight, pocketsize flashlight. Convient, stores easily when not in use, and provides enough light to avoid running into barbed wire fences or stumbling over rocks and logs. Perhaps most importantly, it is small enough to carry around with me all the time, 24hrs a day, 7 days a week.

Big Mag lights, though brighter, advertise you presense for miles, and are interpreted by many as weapons. Police flashlights are big to be intimidating, function as weapons, and to blind suspects. Leave weapons at home. Leave intimidation to the police and other government functionaries.

In additional to a small white light, I also carry a red light, which confers all the benefits of white light, but also is descrete. Red light does not

advertise ones presence.

Many believe UFO sighting/encounters are more closely related to dreams than reality. A flashlight is a very effective reality testing device. Flashlights will not work reliably in a dream environment. The dream world does not allow light sources to turn on and off easily. Try it in your next dream, operate a light switch or flashlight, they don't work so well. So, when in an odd situation, turn on and off your flashlight repeatedly. If it functions normally, you're probably awake. If it does not turn on or function correctly, you just might be dreaming (and if your flashlight is not reliable, get a new one right away).

Of course, electronics are notoriously unstable around UFOs. So if your flashlight doesn't work, you might be in an alien presence.

I advocate as a matter of habit and course to flick on and off a flashlight repeatedly throughout the day (and night). Once an hour, and anytime you talk, think, or hear about UFOs, or anything "strange" happens. If it works normally, all is well. If not, something is amiss.

Non working flashlight = Something is amiss.

Play with your flashlight Now. If you don't have one, get one.

This is perhaps the most effective UFO detection device available to modern man.

Reality testing

OK, so we're searching for UFOs. You know little green men, that sort of thing. Might be helpful to know what sort of perceptual framework we are in. You know what is the state of our reality. People start talking about seeing little green men, I start thinking, oh you know, drugs, crazy, hallucinations.

So, if you'r seeing little green men, how do you know the status of your reality?

Here are some common reality checks. Get into the habit of checking reality repeatedly even when nothing strange is going on. If you're doing it all the time, you will actually remember to do it during crisis. If you only check reality once a year, don't expect that one time to be when you are having a conversation with aliens about astrophysics, afterall you wouldn't want to be rude, and question their existence and all.

Common reality checks, If one fails, do another.

Do as often as possible.

Ask yourself what is Zen?, It is the constanst non=stop practice of reality checking.

There, now you are a Zen master, or something.

Flashlight, Turn on and off repeatedly does it function correctly?

Radio/TV, Turn on and off, change channels, adjust audio. can you here it. Does it make sense, is it a familiar channel?

Telephone, Do you get a dial tone? Do the numbers make a tone when pushed?. Do you reach someone at the other end? Can you hear them?

Make a call to your Safe Buddy, can you?

Digital Watch, Clock. Does the illuminate button work? Look at time and glance away and back. Is the time consistent? Are those even numbers on the clock face?

Words on paper, Reread the same section of print multiple times. Does it stay the same? In English? Can you read them, make sense?

Writing, Does your pen (or computer work), can you hit the right keys?

Does anything get on the paper. Read it, was per words on paper.

Do a math problem in writing. Does $1+1=2$, it always does, always.

Jump up in the air. Do you land? Or levitate? Do you land as expected or do you levitate?

Knock on wood. Can you hear the knock? Do you feel the knock?

Knock harder and Louder. Can you hear the knock?

Push hard on a surface, can your hand meld through it? Do you feel it?

If anything is amiss, not normal, your state of mind might not be normal, you could be dreaming, delusional, medicated, or in the presence of a UFO or alien technology.

Close encounters of the Third Kind are almost universally indistinguishable to dreams. Very, very, very difficult for reporters, psychiatrists, investigators, friends, and ONESELF, to differentiate between a dream and alien contact.

--

Make reality checks throughout the day and especially when hunting UFOs. If one check fails, for any reason (poor batteries, out of signal range, lost balance) immediately make multiple other reality checks. Failure of reality checks is a sure indicator something is not normal. Hey, guess what UFOs are not normal. Failure of a reality check may be an indicator of UFO activity, or being asleep, ODing on cough syrup, being really tired, high, or sick. Or it might be an indicator of UFO activity. Worth looking around anyhow.

And remember, if you do see a UFO, remember to reality check.

Trust me on this. The single most effective tool for bring UFO activity into your life and detecting it; is to carry a red pocket led flashlight around with you and reality check at the slightest sign of un-normalcy. Reality test early, reality test often.

Hey, right now would be a good time to test reality. Give it a spin.

--

Knock on doors before entering a room. Just rap slightly on any door

before you open it. The front door, restroom door, car door, any door. Knock once and open. Should be simple to do. Right? So do it.

But why? What could this have to do with UFOs.

This is reality testing, grounding activity, multiple times a day, you will be

Confirming with yourself and reality your desire to manifest UFOs into your life, and your willingness to do what it takes to reach that goal (if you're not willing to knock on a door, a really simple task, you're not gonna do the harder stuff. This is easy, if UFOs are your intent, do it)

Paying attention to the sound and feel of the knock to determine if things are as they should be (if not, immediately go to another reality test)

Focuses attention on what is on this side of the door, and what exactly is on the other side that door anyhow. Good question to ask oneself before opening a door, "what is on the other side,?" "what effect will opening the door have?"

Knocking on a door, announcing your presence and intent (to...) are both excellent habits to develop (and potentially life saving).

Knocking before entering is universally considered the polite thing to do.

Journalling

Write your own version of The UFO Attractors Handbook, and follow your own advice.

Surround yourself with yourself.

Maps

Look at a map of your county or local area. Where would UFOs be on that map?

Go check it out.

Study UFO ology'

Surrounding yourself with the sights, sounds, and smells of UFOs. Will help guide you toward your destination.

Take a trip to Mecca, Roswell, NM.

Go to UFO conventions, conferences, Join a UFO club or an online chat group.

Garbage In, Garbage Out

UFO in, UFO out.

Area 54

For those aliens in area 54, or whatever its called, let's just leave it at; Aliens that are friendly with the Military Industrial complex are not the aliens I'd be comfortable with. So, why search them out?

You want to know what my biggest calling card to aliens and UFOs is; This Book, writing The UFO Attractors Handbook. Not sneaking around some military base. Not edging up to some forgotten airport, or trudging around on a god forsaken night, in the middle of nowhere. Just a simple book to let the universe know. I'm looking.

I can be found at-----

-

Book readers tend to read.

Changing from where you are to UFO experienced is a major sort of change.

Stop reading and start doing.

Do the exercise.

Be what the words say.

Set the example.

Pretend you are showing someone else what to do.

Don't change one or two things, change it all.

--

If you were on the phone talking with an alien; What would you say?
Say it NOW!

If they are out there, they are listening.
Say it NOW!

--

Stay up late, get up early.

Go outside in the middle of the night to see what's out there. Get up an hour early and spend some time staring out the window.

Mix it up, confuse the aliens.

--

Hunt out and watch sunsets and sunrises.

-

If you are tired sleep where you are. Take a nap in the park, in the chair by the window, on the couch, pull over your car (in a safe, legal spot) and take a nap.

Mix up every part of your sleep habits as much as you can.

Stay up late, get up early.

Waking up and falling asleep is the boundary between the real and unreal. Want to bring the unreal into your life, break down that boundary.

--

Pump up the Stress

Or Meditate and reduce the stress.

Change your level of Multitasking, Involvement and Activities

Either reduce them or increase them, try one for a month, then the other.

Increase or Decrease.

UFOs are an Extreme concept.

Push everything to the extreme,
or you will not be in the same place as UFOs.

-

Watching TV rots the Brain
Reading distracts the mind.
What's the difference?

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UFO False Memories

In second grade they gave us all a hearing test. As an experiment once, I chose to use this episode as the basis for a false memory. I decided what if instead of testing hearing, they were testing psychic abilities, or something. I chose to recreate the memory with aliens doing the testing, complete with a giant UFO in the school recess play yard.

I have thought about that UFO in the school yard and the agents of the aliens conduction psychic tests so much, that I can recall and recreate that "false" memory as well as any "real" memory. In fact compared to other memories from second grade, I recall this false memory, far, far clearer and with much more involved detail. The only real difference is that I self label this particular memory as "false".

-

The mind is a wonderful thing.
It is amazing what can be done with it.

-

Why go to all the effort of building up this particular false memory?
Maybe it is a repressed memory I slowly and deliberately restored?

How do you know all/most/some of your memories are not fake? Put their by Aliens? Corrupt Government Aliens? Or that's just what they do when you retire from the CIDC?

Or, because_____?

Play a game, or look into the truth. Your choice. Assume your memories are false.

Who changed them? Why?

What would your real memories contain? What secrets? What power? Power, huh? What's the best way to retrieve those memories? I'm sure you already know. What stops you from remembering?

Play the game. See where it leads.

Led me to a career with the CIDC. And as a ground trooper on an alien battlefield.

-

Past life regression. Similar game.

Sadly, I don't think you'll play. Pity.

Wisdom of a thousand thousand life times at the edge of your consciousness. Why not use it? Open the potential.

-

What does CIDC stand for?

If I told you, I'd have to kill you.

Come to think of it, I can't remember what it stands for, which is a good thing, cause if I knew, I'd have to kill myself.

-

Seek out stars.

Seek out the sky.

Go Outside.

-

Seek out Solitude

Most UFO sightings are solitary affairs. Chatter and the spoken word are often incongruent with any real chance of a UFO sighting.

Focus on the Sky

Go for a walk in the rain and stare up into the falling sky. Walk through a snowstorm and experience the heavenly drift.

For a Surreal experience, take a walk at 2am after a blizzard when the night turns magically soft with a white glow, complete aw inspiring silence, and a total and complete solitude.

Spend time Outside

Oh hey, this is a good one, spend time outside.

I mean indoor Sightings of UFOs do in fact happen, but by simply stepping outside the chances of a sighting increases. And, if going outside is simply out of the question, at least glance out the window every now and again.

The question of the TOWEL

All the hype surrounding towels...

I don't see the use.

Leave this one at home

No fires, no BBQs, no cigarettes, no candles, no open flames of any sort. Looking for a rationale, in remote areas, anywhere actually, fires easily get out of hand. Anything with a flame has a huge trace for an alien or any other being (human or otherwise) to see.

Go to festivals

Any comments about fire aside, burning man is a great place to look for aliens visiting earth (and others on the edge). Burning man and similar

festivals are great ways to ease into Earth Social Norms for visiting aliens. With it's open acceptance of deviant norms, burning man makes for an easy transition into earth cultures. Far easier first step than say a Sunday afternoon church social would be.

Seclusion

Go out alone into a spot secluded from other humans, open to the sky, and meditate.

Be in a spot, place, state of mind, open to seeing UFOs.

I sit in my bed Saturday morning writing these words; unless my girlfriend or her cat is an alien, I'm not going to be seeing any UFO activity this morning.

Make a vow to, once a day, week, month, year, be in a place of high UFO potential, and allow the openness to happen.

Make room for UFOs and aliens in your life. A void does not stay empty, create a void that encourages the experience of UFOs.

Smell the fresh Air

Smell the fresh air, Maybe the air isn't so fresh, so get to where it is, and smell the fresh air. Then/or, wonder why the air isn't so fresh, and who causes that, and why they want it that way.

Just a little reminder, this is more of a How to, do it as you go sort of book, than a curl up with on a rainy day sort of book. Hey sure, read it through cover to cover, thanks for buying it. But if you want it to work, you have to work the program.

Now would be a good time to put down the book and smell the fresh air.

Inclement weather gear

Me, I wear sandals. I stop at fences, no need for them to be razor wire. I don't go where I am not wanted. I don't search out folks not interested in meeting me. Actually, I no longer bother going out into thunderstorms

or blizzards. Maybe I'm just getting old.

That being said, other folks have different opinions. Some aliens don't really want human contact. Don't ask me why they are here, if not for us lovable humans. Go figure. Anyhow, for these sorts, going deep into the mountains, deserts, swamps or the edge of government land may be fruitful. Oh, let me qualify this. Going onto restricted government or Military land is sheer stupidity. Be stupid if that's your true gift, but don't pretend that was my advice. My advice was to go to the edge. It might not be a good idea to linger. If you start having a picnic next to that fence that says, "no admittance, it's a felony", they tend to send out a patrol. Driving past that fence, well they did put a highway right there, that can't be all bad.

Back to the gist, inclement weather, rough and remote terrain, can yield excellent results in one's search for UFOs. But, at some point, one has to wonder, if the aliens want to be left alone, it's probably a good idea to grant their desire and let them be.

Muzak

Muzak is everywhere, stores, airports, train stations. I mean what was so bad about a little peace and quiet in the elevator for 30 seconds anyway.

What was so bad that they had to fill up all the empty space with meaningless static? What was so bad was that without it a person could think. Have a few moments to themselves, wrestle with the bonds, gnaw at their chains.

I mean, I don't play Muzak at home. I don't have a TV on all the time. If I really liked music and TV so much, I'd play it all the time around my house. Truth is, I like quiet. Gives me time to think. So, if I don't listen to all this crap at home, why is it every else?

What was so bad about a moment to reflect, rest, learn, be?

UFO Take Up Aviation

Pilots see more UFOs than any other group. Want to see UFOs, go where the action is, spend time in around flying small aircraft. Take up aviation as a hobby. Nothing quite like going down to the airport (local landing field) to watch for UFOs.

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Listen, if I had the technology to disguise my UFO while coming in from space, I'd make it look like an airplane; and once I landed, I'd want it to look like a car.

Disguise is probably too difficult anyhow, if I where an alien, maybe I'd just zip down from the sky in a local shuttle craft or something that looked like one (ie single engine airplane) and once here get around via the local method of transportation (ie I'd get a car).

--

I maintain that going to small airports and spending time working or making friends there will increase your UFO experience and exposure. Though, the craft you see may well be indistinguishable from contemporary aircraft.

--

Must be willing to believe or you will discount what you see, and explain it all away.

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How do you know you haven't already seen a UFO, but have already forgotten?

How do you know you are not programmed/conditioned not to see UFOs or Aliens in the first place?

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I do like the idea that UFOs and alien craft (by treaty, intergalactic law?) must conform to our local appearance.

--

You never want your UFO story to start; “We were coming home from a Bar...”

Well, We were coming home from a bar, I was riding in the back seat, looking out over the metropolitan skyline, I saw the classic UFO. An oval shaped object covered in scrolling white lights, hovering just over the trees and buildings. Surreal is the word. I was so awestruck, I didn't want to tell my friends, cause I was sure they tease me forever about it, cause what I was seeing could not possibly really be a UFO. Could it? It just hung in the sky forever. Then the driver turned the corner and I lost sight of the UFO.

A minute later we were home and I stood in the apartment parking lot staring into the sky looking for my lost UFO. A minute or two later a plane passed by with a lighted advertising display scrolling across it's wings. Shop at Barney's or something.

So, I saw an airplane with lights on its wings, right? Or, maybe I saw a UFO, and once the authorities realized it had come in for a landing all dazzled out looking for all the world like a UFO, they sent out a decoy, a cover story. See, this is what you saw, nothing but an advertising plane.

Reality changes based on perception.
If they can change it, we can too.

--

You know wonder woman's invisible airplane. I saw it once.

The flea market I used to go to in concord, CA is on the approach path of a small airport (Buchanin field). In the fog one morning, the sound deadened to next to nothing, with vision blurred, I swear this plane coming in looked just like Wonder Woman's invisible airplane all see through and transparent, gliding in with engines off, for a landing.

In the fog at a small airport, who knows what lands and takes off?
Be there, find out.

--

On hearing of my interest in UFOs, a person told me of a UFO they'd seen earlier in the week. I asked them when. They didn't know. I asked them where? They did not know. I said maybe they were dreaming. They said no, they were pretty sure they were awake. I said if you don't know where or when, maybe it was a dream. I have lots of dreams that are hard to differential from reality (certainly at the time they are, otherwise, why would I wash all the dishes, run for the bus, etc, etc).

They said no, they were awake, they saw a UFO. It looked a lot like a streetlight.

Maybe it was a streetlight? I don't know, I was real sick last week.

Well it was a UFO or a streetlamp, one or the other, they conceded with a degree of indifference. They really didn't know when or where it was. It boggles the mind that someone would see a UFO and not be impacted by it. Unless of course they really thought they'd just seen a streetlamp that reminded them of a UFO.

Don't Expect confirmation.

Great so you saw a UFO, no one will believe you. So, I hope you enjoyed it in and of itself.

You are not going to make the 6pm news. At best you will make a small human interest story deep in the middle of the Sunday supplement.

Local Looses Mind – Sees Flying Tea Plate

The police were at the local eccentrics house again today. “We are no strangers to this house” police chief said, “Last week we responded to a breaking and entering call, but it was only” chuckle-chuckle “Big Foot”. Husband swears he saw a flying tea pot, and was adamant it not be confused with a flying saucer. “Saucers are from Beta 9” Husband informed reporters in a serious tone “Tea Pots are from 16 Cottage Wood Drive.” Wife retorted angrily, “And that’s not the last thing that will go flying at him if he keeps up this UFO nonsense.”

--

Do not expect confirmation from me. Unless of course you know the secret handshake, the challenge and counter challenge, and your dues in THE organization are up to date. Look don’t even bother me if you don’t know which organization, THE organization is, OK.

Or, \$1000. I’ll pretty much believe anything for a grand. Heck, pay me a grand and I’ll use your example in my next book. I’m not proud. Truth is relative. For that kind of money, I’m willing to assume you’ve got the evidence to back it up, or have done the research, or whatever.

So, either cough up the cash, or know that secret handshake. OK, fuck the handshake crap, come up with the \$1000 and I’m all ears. I mean you made the aliens pay for your time right? Capitalism, the American way, it’s what they expect.

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Confirmation Aint Gonna Happen

The aliens won't give you proof. No star maps, no designs for a trans flux inducer. Oh sure, they'll talk a big game, they'll tell you they'll give you working plans, but 15 years later and I'm still trying to get the kinks out of a proto type trans flux inducer. Anybody want to buy a non-working trans flux inducer?

No Body, No Body has ever revealed convincing evidence of UFOs. Not through the main stream media, not in this book (hey I'm out there, but not that far out there), not anywhere. You ain't gonna be the first, with the evidence.

No one is gonna buy into your story. Enjoy it for yourself. UFOs are about personal freedom, power, and awakening. It's a present from reality to you. It's really really hard to share such a present.

If you try, you just might find yourself writing a book.....

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The MX Missile Program

The MX Missile program, \$80 billion for what? Something no one will ever see, buried deep in the ground, that no one (NO ONE) ever wants to use, or have it used. In fact, if we need to use those missiles, and if by chance they are not there (cause some congressman built himself a pool). Anyhow if we need to use those missles and they are not there, who would know? Who would be accountable? Keep in mind, since the US published policy is no first strike, we would only use the system in a retaliatory strike. But, if we are attacked in a nuclear attack, well, I'm not expecting to live through it.

So, \$80 billion for what?

Such a great scam. If I needed to make \$80 billion disappear, I'd build a missile defense system, or a particle accelorator, or a space program. Submarines are just perfect. Build them and keep them under water. So Hey Admiral where are those billion dollar submarines anyhow. "out on

patrol good citizen, out on patrol”

It's not paranoia if you're right.

-

TV Rots your Brain

Books Distract your mind

Heres a serious thought (one per book, that's my motto). Too much of a good think can be seriously detrimental. A little wine is pleasant, a little more and you're an obnoxious drunk, more still and one gets alcohol poisoning,. Goodbye, you're dead.

Moderation is key. Books and reading is similar. It is important not to read too much and to control what you read. Limiting your reality to only a few books. Such as The UFO Attractors Handbook and at most one or two others. Limiting the input can have a profoundly focusing and clarifying effect.

Read at most for a few moments before bed to settle down. Spend the rest of your day living, not reading.

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Verbalize your Desire

 Visulize your intent

Do you want to see a UFO? If so, repeat after me, “I want to see a UFO.” Then take a moment to visualize what seeing a UFO would be like.

Do this NOW.

--

What did the UFO look like? Where were you? What time of day was it? What were you doing?

This is a road map, follow it.

No shit, it's as simple as that. Are you willing to do it?

If what you visualized something at night, do it tonight. At sunset, then next sunset. Do it now, don't wait. Follow through on the map you created.

Then come back tomorrow and start again.

Verbalize your Desire

Visualize your intent.

-

UFO Snipe Hunting

Looking for UFOs is a lot like snipe hunting.

Snipes are small flightless birds, which summer in Canada and migrate throughout the great Northwest. Painfully stupid, extraordinarily lucky, they make the migration en mass, running in a straight line, without any pretense of intelligence or cunning. Some make the journey. Most do not.

Through some sort of genetic mutation, they literally migrate in a straight line. If a tree is in the way, they bump into it. If a log or rock in their way, they run over it. If a hole is in their way, they fall into it. Painfully, painfully stupid. Really just a genetic dead end waiting for the mercy blow of extinction.

Historically, Snipes made up in number for what they lacked in intelligence (Kinda like Bureaucrats). Thousands upon thousands made the migration in one sudden blitzkrieg.

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Snipe Hunting is hunting snipes during the migration. Due to hunting regulations, snipes can only be taken by hand, because a gun against a creature this stupid just would not be sporting. The problem is, if you catch a snipe, they are so stupid to realize they have been caught, and so keep on running. Snipes can really mangle your hand with their sharp claws if you are not wearing gloves. Anyway, because of the personal danger due to cuts and scratches, it is legal to take snipes by holding a bag (paper grocery bag, garbage bag, etc, pillow cases are traditional) in front of them. If placed properly, the snipe will run right it, and be unable to find it's way out. Hence, the term "unable to find his way out of a paper bag."

--

Regular Snipe hunting contests are held throughout the great Northwest, with prizes for whoever catches the most Snipes. The problem arises that although stupid, no one knows the exact path the Snipes will take in any one year. Some year the contest winner will bag 20 snipes in 15 minutes, (The limit is one bagful, or 20 Snipes, first to 20 wins). But some years, the main migration does not go through the contest hunting grounds, and only a few Snipes are to be caught. With their decreased numbers, some years, no one catches a snipe. This caused a problem. All those contest prizes and trophies, and no winners. So it was decided, rather unanimously by the contestants and rather grudgingly by the sponsors, that the winner would be whoever, got closest to catching a snipe. And thus the judging began.

WELL, as the years go by, and Snipes are pressed closer and closer to extinction, the sheer competitiveness of accounts of personal bravery, snipe stupidity, and unbelievable luck, fill the judging stands across our fair nation.

The last snipe that was caught, fair and square, was by ole Ben Johnson

of Rhinelander Wisconsin, back in the summer of '47 (the historical records are unclear as to whether this was 1847 or 1947). Since then, snipes have evaded capture. Painfully, Painfully stupid birds, and by all accounts Lucky, bizarrely unbelievably lucky birds. Snipe hunting is now the story of the one that got away.

(Don't ask what this has to do with UFOs. You know, the editor says you need to fill a few more pages. You say what else is there to write, and they say anything. Write about anything. So here you go.)

--

Know your astronomy

Study enough astronomy so you can tell Venus in the sky. Where is Mars. Be able to name and point out dozens of individual stars and the same number of constellations. Understand the Aurora Borealis and take a trip North to see it in full bloom. Know where and when the meteor showers are, and sit out and watch them.

--

Humans have hundred, thousands, of satellites orbiting the Earth. Know how a satellite moves through the sky. Remember, aliens park their big ships in orbit, all we ever see planet side are landing craft and smaller renegade exploratory vessels.

--

Invest in a high powered telescope and discover the sky. You'll especially want to check out those "satellites", "airplanes", and "weather balloons." You know, flying objects in the sky.

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BART Trans-Tube

When I first moved to California, I would take the BART train from a Danville, a normal suburban town into Berkeley, Bezerkely, the last true communist state. It was quite latterly like taking a train from one world to the next. In the middle of the trip was the Caldecott Tunnel, a long tunnel cutting through the Berkeley Hills. The change in lifestyle was so pronouncedly different from one side of the tunnel to another that I developed the idea that the train went through a sort of space warp in the tunnel. To me that tunnel and a space jump or spaceship trip were in differentiable. How could I tell them apart, the only other way to get to Berkeley was through an equally long car tunnel, teleporting cars enroute. Both trips, complete with flashing lights, sense deprivation, and isolation from normal environmental cues.

Elevators are a similar mode of travel. Door closes from one place and opens up again someplace new. Eerily like what can happen in a dream.

--

If you're happy clap your hands
Nix that, snap your fingers

I learned a lot about human nature and conditioning while getting my psych degree. Learned that like dogs (but not cats so much) humans are trainable. If a person wanted to train them self to end a habit, or start another, one could reward or punish themselves after performing a behavior. Not being a masochist, I chose the reward program for myself. Do something desirable, toward the habit or behavior one is trying to create and give oneself a reward. Food, going to the movies, or a vacation are all good rewards. The best results come from linking the reward as fast as possible to the desired behavior. Do homework, get cookies, now, right away. Not drive to store, get cookies, drive home, eat cookies, rather do problem, get a cookie, do a problem, get a cookie. A fast repetitive reward is key.

Well, there are obvious disadvantages with eating lots of cookies, so I was searching for another basic instinctual reward. Dogs will do just about anything if you pet them and say “Good Boy.” I tried it on myself. I patted my head and said “Good Boy.” I liked it. This could work. And it did.

But it wouldn't work in a crowd. Put me in a room with other people and I wasn't about to pat my head and say “Good Boy” no matter how good it made me feel. Besides, I was starting to feel a little stupid. So, I reasoned, if patting my head could make me feel happy, maybe I could make the trigger even simpler, like snapping my fingers. Wouldn't it be cool if you could snap your fingers, and suddenly feel better? Well it worked. It worked wonders. I snapped my fingers and a smile spread across my face. If I'm down, I can always boost myself at least a little by snapping my fingers. Often I can't help but get a big grin covering my face. “What a Good Boy.” “Such a Lovely, Dog, er, Boy.”

Give it a try – Build it UP.

The Who? Who again?

Would you Believe me If I told you how easy it was to be happy?

Ha, Nothing's that easy.

--

Childhood Vaccines

Are these just more controls to enslave our minds and hobble our brains?

Don't even get me started about Flouride in the water.

RAT POISON! RAT POISON, I tell you!

--

I have pride and dignity. I will not stoop to mentioning Elvis and the rumors of his pan-galactic travels.

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Use this book as a focus for your dreams. When you are strong enough, leave this book and other's books behind, and create your own book. When you leave all books behind, only then will you have true mastery.

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If you are not writing your own book, reality, you are following someone else's.

-

If you could have the ultimate experience, but you would not remember it, would you still want the experience?

-

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I like Scientology, I'm a big fan of sorts. L Ron was great cause he achieved freedom and showed the way to others. He started his own Religion. I recommend we all do the same.

Don't write me to complain if you're a scientologist. I'm not saying this is a Scientology belief. It's how I interpreted some of L Ron's writings. I've been know to miss interpret things now an again. And, Don't write me if you are a scientology hater, saying how could I advocate Scientology. I don't advocate scientology, really it's like some people don't even read, I advocate starting your own religion, which I assume for copyright reasons alone, you wouldn't call Scientology.

Look, forget I mentioned Scientology at all.

Start you own religion. Be a actual practicing, participating, member of your own religion. Set yourself up as an example to the world of how a person should act according to your religion. And, if as part of your religion you can get other people to send you great heaping gobs of money, then pay me a royalty. It was my idea after all.

A Cult of One

--

How can you tell an airplane from a UFO?

Look. At a mile up, what does an airplane look like to the naked eye? A streak of light. And, what does an alien space craft look like at a mile up? A streak of light. Notice the similarity? If you are going to interpret every last streak of light in the sky as a plane, you're not leaving a lot of room for any of them to be alien craft.

Look at those streaks of light. Some are planets, some stars, meteors, comets, planes, helicopters, satellites, and weather balloons. Especially look at those "weather Balloons." Look at them all through Telescopes, Binoculars, and IR Goggles, or whatever you've got. A Phil-tron scanning device, whatever.

At a mile up a UFO looks a lot like an airplane. Finding a UFO is a lot like looking for a needle in a haystack. It takes going through a lot of hay to find the needle. The hard part, the hard part is to keep looking at the hay close enough to actually find the needle and not just going through the motions. I mean looking at hay is pretty boring. Pretty soon you're just sifting hay and not really looking at it. You're not going to find the elusive needle that way. Finding a needle in a haystack is very, very difficult. It takes patience, dedication, and hard work.

It's a lot easier to not see UFO's than see them.

Not seeing UFO is the default. There are lots of barriers to break through to actually seeing a UFO.

PHIL-tron scanning device, DAVE STANDISH remote transmitter. Send me \$100 and I'll put your name in my next book. Send me \$10,000 and I'll dedicate it to you. Cause that's the type of guy I am.

-

Note, actual names used are fictional, any resemblance to any actual persons is entirely coincidental. “Sorry Dave, you don’t really exist.” “Nope, Nope, don’t want to hear it.” “I got a firm policy against having arguments with fictional people.”

It’s really quite remarkable isn’t it, one minute you’re looking at UFO’s through binoculars with your buddies. Then the next thing you know, you looking through a Phil-Tron Scanning Device. Needless to say, some of those UFO guys have big egos. Whatever, I saw it first, I get bragging rights. Besides, Phil and Dave don’t even exist. How’s that for getting the last word in.

-

At night, how Easy would it be for a UFO to put on landing lights and pretend to be an airplane? If they can go cross galaxy, my guess is that they have that light bulb technology down pretty good too. A flood light in the front, a couple of flashing wing lights, and viola spaceship turns into airplane.

At least if you don’t look to close. Real close. Telescopes help.

How many commercial airline flights fly over where you live? 10-100-1000-10000. How many UFO’s? 1-2-3. So realistically. I know I know realistic and UFO in the same sentence, but still, realistically if you want to see a UFO that is disguising itself as a plane, you’d have to look at 100-10000 planes to have a realistic chance of spotting a UFO.

That’s a lot of hours under the stars looking at shiny lights through binoculars and telescopes. Maybe that won’t work for you. Too much effort and all. I can understand. But, don’t tell me you are serious about UFO’s until you’ve made the effort. And don’t tell me UFO’s don’t exist until you’ve made the same exhaustive survey.

If you peel back the rationale of this book. I (intend to anyway) advocate looking at reality long and hard. Heck, you look long and hard

enough you'll get eye strain, and then the sky's the limit on what you'll see. See, it's all good.

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IQ Is ?

1,2,3 ---

What is the next number in this sequence?

2, 4, 8 ---

What is the next number in this sequence?

1,3,9 ---

What is the next number in this sequence?

-

Intelligence is the ability to find patterns. The more patterns, the more intelligence. Anyone can say 1,2,3 & 4 is next. That's easy. Tell me why 1,2,3 & 7 is next (my cell phone number), 1,2,3 & 0 is next (when I was 30 my children were 1 & 2), etc, etc

1,2,3 & 4 is next is Easy. Any simpleton knows that. A smart person knows what simpletons do not. A smart person knows why 1,2,3 & 5 is next makes sense.

--

Exercises

What car on this road is driven by an alien?

What person in this room is an alien?

How is this device an alien device?

How can this device be used to detect UFO's or aliens?

Destroy self imposed history of an object and see it as it is. See it for the first time.

Do this for oneself, see oneself without the baggage, see oneself as others do.

--

UFO Dates & Such

About Dates & Such

I don't know the historical dates of things. Not important to me. If you care, look them up. What's important to me is the effect.

ET came out when? I don't know. What I know is Aliens started expecting Reeses Pieces & M&Ms after that.

Don't believe me. When was the last time you entertained galactic visitors? I thought as much. Well then, take it from someone who knows. Those little green guys dig those bite size sugary snacks.

--

Seek Out Rainbows Follow the Seasons

Watch a lunar Eclipse
Be at the center of a Full Solar Eclipse

--

Drink Plenty of Liquids Stay Hydrated

Don't ask me why; But when 10 out of 10 Doctors agree, there must be a reason. Then again maybe that reason is that the Doctors have sold out to the aliens. Remember, those Doctors are the same bunch who recommend flossing, exercise, and Camel Cigarettes. Well, at least 9 out of 10 on the Cigarettes.

--

Be at Peace with Self

Be at Peace with Others

Go for the High Ground
Moral or Otherwise

Travel Cross Country
Sleep Under the Stars

Advertise your Desire
Join a Club
Talk to Strangers About UFOs

--

Ghosts

I remember a summer night in Wisconsin, playing softball in the twilight, and looking out into the outfield and seeing a bunch of Ghosts. You know. Dearly departed ones, come back to haunt us from the outfield. Kinda Spooky and all, kinda fun. I mean I saw white sheet, floating in the air, hot diggity dog, genuine ghosts.

And then I saw white limbed birch trees, what with my myopic vision and the fading light. They were just birch trees. Ghosts were much more fun. They came back after a bit. I made sure to get home before it got pitch black.

One can never be too sure.

--

Original Back Cover of Book

Are UFOs Real?

Who knows? Who Cares?

What is real is that some people have experienced them. If you would like to be one of those people; If you would like to have a UFO experience, then this is the book for you. The UFO Attractors Handbook is a guide book on how to best increase the likelihood of a UFO Experience.

And then like it continues with way too much copy for any back cover...

UFOs could be real or fake.

If they are real, there is practical advise in The UFO Attractors Handbook on the practicalities of seeing a UFO. What to do? Where to go? And the problems inherent in a government cover up or hostile agency. The cracks through which UFOs may be revealed are illuminated.

If UFOs are Mystical Experiences, once again The UFO Attractors Handbook contains practical advise for achieving, directing, and controlling fluid reality. The reader is encouraged to make their own journey, create their own destination.

If UFOs are Dreams, skills for calling forth those dreams are presented in The UFO Attractors Handbook. These techniques work equally well should UFO merely be fragments and figments of a dream world, or if UFO dreams are communications and messages from aliens.

Are UFOs Fake? Are they Lies? Certainly some people over the ages have lied. No doubt some have even lied about such a sacrosanct subject as UFOs. I know, Hard to believe, yet inevitably true.

Are UFOs Psychosis? Hallucinations? The results of over zealous drug use? Illusions or tricks of the eye? Once again, some most certainly are. In the end though, do they exist? Are UFOs real? Are UFOs a part of

what Psychologists would call commonly or “Mutually Agreed Upon Reality?” A curious turn of phrase to say the least, which intrinsically implies that reality is malleable. I welcome you to change your reality to better suit your desires, and create your own truth. I welcome you to discover the power, truth, and freedom which resides within the pages of The UFO Attractors Handbook.

--

A UFO is an Experience.

Is a movie any less of an experience because it is a work of fiction? IS a story any less convincing because it never took place? Is a tale of tragic romance any less heartbreaking because the characters do not in point of fact exist and are merely actors plying their craft?

UFOs, Alien Contact. Real or Fake? True or False? Regardless of the answer, UFOs have been a perceptual reality for many eye witnesses.

There exists a perceptual reality, attainable by the Human Mind.

Create the proper conditions, and a reality, if only a perceptual reality, whatever that qualification may mean; Create the proper conditions and a NEW REALITY IS PERCEIVABLE.

I welcome you to see UFOs,

Or whatever else you heart, mind, or soul might Desire.

You have free will.

Use It.

--

Simplify Your Life

I don't mean buy a shelving unit to organize your closet, subscribing to a new magazine, or getting a time saving kitchen appliance. I mean stop doing something. Take a key off of your key ring, and remove all the associated responsibilities that the key represents from your life. Drop something out of your life. Stop some habit, today, now. Stop another

tomorrow. Have as few keys on your ring as possible.

Listen, everyone has good things in their life and bad things. Some things are the cream, the best ten percent, others are the drags, the worst ten percent. Why would you want to keep the worst ten percent?

Get your possessions down to what? What's a good number? 100,000 items, 10,000, 1000, or even 100. Does a hundred make you nervous? Does me. I can't do 100. Not yet anyhow. I got it down to something between 100 & 1000 and kinda stalled out. But That's pretty good since I was counting paperclips as individual items. Needless to say, I threw out the box. 100 paperclips or all my clothes? Not a hard choice, the paperclips went. 1018 was my goal. A nice number, liked it since I was a kid, and I wanted to do something to honor the number. So, only own 1018 things. Anyhow, 1018 was the goal, and I pretty much slammed dunked that. Took me a year, but I did it. Got down far enough that counting items became a problem. Is this notebook one notebook or eighty sheets of paper?

Why? Always with the questions. Curiosity. I like that, but what about faith and trust. OK. OK. Why? To make room. Without this there is room for that. Simple. You want UFOs right. Right? You're not just wasting my time, so... Right. Good. So UFOs. That's a pretty big thing that. UFOs, alien presence in your life. Gonna take up a lot of room to manifest that. So, get rid of some keys.

-

I'm always raggin on books. Only have The UFO Attractors Handbook and at best one or two other books. Reading distracts the mind. Look you are reading this book. The average book is read and bought by someone who is seriously addicted to books.

Drinking shouldn't be controversial. I probably don't buy but six bottles of wine in a year, and give one or two of those away. One every other month, not such a big thing. Plenty of folks go through that much wine in a week. So, who's gonna buy the average bottle of wine. Me and my six bottles a year, or the six bottles a week guy, who's totaling 300 odd bottles a year? It's not a trick question. The math isn't hard.

Heavy drinkers buy most of the liquor in the US, in anywhere. It's not like this is a big government secret. Big time users are where the profit and market share is.

So, that guy drinking 300 bottles a year. That's a lot of time, money, and effort. Something is giving way in his life to make room for that habit. Heck all sorts of things have given way for that habit. So, who buys the average bottle of wine. A big time drinker, who invests in all sorts of ways in drinking. Not a value statement as such. Drink, smoke, watch TV, whatever. No alien has ever sat down on the couch next to me while I'm watching TV and cracked a cold one. But then maybe I wasn't drinking enough.

Anyway, Books are the same way. A compulsive reader buys the average book. Who, oddly enough, probably hasn't read half the books they own. What have you given up to support your reading habit? I gave up a lot for mine.

So maybe it's not really books with you. I'm OK with that. Hey we are talking UFOs here, I'm happy to support your denial. But, if it's not books, or wine, it's something. Find that something and ditch it. Get it out of your life. Save yourself.

You are given a moment in time. Yours to decide what to do. You can drink a glass of wine, read a book, or bring UFOs into your life. UFOs are the real trick, a moment here and there, you might get lucky. But, lets be reasonable, yes reasonable. For any real change to see UFOs we are talking total life style make over.

--

Aliens or Angels

Some have interpreted historical accounts of angels as visitors from another world. If I wanted to call for supernatural beings or mystical creatures, I would;

Pray, Talk to God. Request the presence of angels.

Induce a Trance by; Dancing, Fasting, Meditating, Engaging in repetitive behavior, Sensory Deprivation, Social Isolation, Physical Exhaustion. Or by combining as many of these techniques as possible. Fasting while holding a log over ones head all night on a remote mountain side comes to mind.

Drugs, Legal Drugs, I definitely would not take Hallucinogens, who knows what you'd see. Alcohol, Tobbaco, legal drugs, come to mind.

The mind has a breaking point. Break on through to the other side, or crash and burn.

Talk to your shrink, talk to your doctor. Push past the limits, and there you are, talking to little green guys in your own living room. It's easier to manifest them the second time around. In fact it keeps on getting easier and easier.

Psychosis, breaking the bonds of slavery, often the same thing with a different meaning.

--

Stay intent on your purpose
While Awake, Asleep, and while Dreaming

-

Smile. Laugh for no reason.
The Reason will come
 Make a cake and they will come
 That sort of thing

-

That's it. That's the program.

Time to put down the books, not just this one, but books in general, and get to the main attraction of life. If you've paid attention and followed along you don't need me anymore.

So Goodbye.

-

Wait, Wait.

Let's not be hasty.

Go it alone – Sounds Lonely, Sounds Scary.

How about a little support?

In a few years their likely will be a new and improved The UFO Attractors Handbook. You'll want that. If only for old times sake. And that means coming to a book signing, or lecture series, I could really get into the lecture circuit. It would only cost you \$100, and I'd wind up with \$1000 a day, for what, talking. Think I can manage. Oh, and if the lecture thing pans out, I can do retreats, and make \$10,000 for a weekend. Cause we're friends and all, it'll only cost you \$1000 (each, double occupancy, advance reservations, additional terms and conditions apply, does not include airfare, prices are for illustrative purposes and are not an actual offer etc, etc, etc)

A UFO seekers retreat. Do you suppose there are UFOs in Jamaica? If I'm gonna get paid to go on vacation to Jamaica? I say Let's find out. I think France is a likely UFO spot, too. And New Zealand, and Japan, and...

SO, that whole going it alone thing.

Bad idea, scratch that. You need me more than you could possibly know.

Trust me.

--

Oh, I almost forgot. Then there's membership in THE organization.

Fees, Lots of fees for filing, applying, regular fees, dues, and special assessments. Love those, er I mean, damn those special assessments, but the war in the Zartar quadrant has been draggin on. We all have to do our part, and show our support for the boys in the field.

And the secret handshake. Oh yeah, that's gonna cost you.

So I guess I was wrong, you really can't go it alone. And both me and my wallet would be extremely disappointed in you if you tried.

You owe it yourself to go it alone?
Did I say that. You owe it to me not to.

Now about those Zartar's, can I put you down for an even Grand?
We want to show them that we are doing are part?
Or how about Jamaica? I'm looking forward to some really hot action, UFO wise of course, in Jamaica.

(All prices subject to inflation and expansion of my ego)

--

If two lines ain't good enough
Maybe this isn't the book for you

If the program is strong enough to help you see UFOs,
Then it probably can be adopted to anything (like losing 20lbs, or getting a PHd)

No Fear is for people who don't mind broken bones

-

Honor Superstition

If coincidences happen, be aware of them and follow them. Or, if appropriate, avoid them. Coincidence, chance, this is a good starting point for magic, or esoteric alien technology, I have a hard time telling them apart. This is exactly what we are trying to create, follow, un-earth. Superstitions develop for a reason. Explore that reason. Discover a new mode of understanding.

--

Breathing

Massive Exhale. Get rid of all the air. Push it out. Feel the chest collapse. Shake with the effort. Exhale completely. Inhale totally so you will have plenty to exhale. Exhale totally and completely. Till it hurts. Till its gone.

Do this five times.

Congratulations Your Meditating

Repeat. Wash Rinse Repeat.

--

Take an Early Morning Walk

Set the alarm for 5am, 4am, 3am. Whatever is early, real early. I get up at 6am, so 5am is early. Get up, walk out the front door. Stand there, do whatever you want to do. I recommend going for a walk. But, hey it's early, go back to sleep if you want to. Stare at the sky for a moment. Your choice. Your life.

The thing is to be outside, looking at the sky for just a moment. And, THEN, then decide what the next course of action is.

Start slowly if you want. First week, just set the alarm early. Second week, stand up. Third week, go to the door. Fourth week, and

every week thereafter, go outside. A little bit every day, but no backtracking. Then, once you are standing outside, this is far enough. This is taking a walk if you want it to be. You don't have to walk five miles every day, or around the block. The minimum is standing outside with the door closed on the driveway. The maximum is whatever.

This program will work for going for a morning walk, or getting a PHd. Work on the project every day, if only for a little bit. A real little bit is all it takes. Set a low minimum. For going for a walk, it's just getting out the door and standing outside. Not real ambitious, but it's something.

Once your outside, decide if you want to go for a walk, or go back to sleep. Don't make the decision in bed. Make it outside, standing in the rain.

Need I remind you, that this would be a real good time to stare into the sky for awhile?

--

It may seem counter intuitive
But if you want to see UFOs
Ditch the high tech stuff

--

Watch

12 Monkeys
Fight Club
Matrix
Vanilla Sky

--

Matrix

Humans are not good sources of energy. We are really, really, poor sources of energy. Hard to imagine an energy source worse than humans. What humans do best is creative problem solving, which is a

noticeable deficiency in your mechanical “intelligences” out there. It tends to annoy me when a movie gets it so wrong. What’s so hard with coming up with the plot device that Neo is a computer programmer and the reason why the machines (computers) need him, is so that he will program computers. Humans are good programmers, they are not good batteries.

But annoyance is not a learning tool. Rather, why would a movie expose such a blatantly incorrect and implausible rationale? Why, you ask. Good question. Because, the mechanisms in control don’t want you to realize your power.

Alter your reality. Access the Matrix, whatever that means. Knowledge is power. Believe it.

--

--

UFO Spoor Signs

Common Ways to detect UFO or Alien Presence.

Note the strong overlap with Altered States of Consciousness, Especially Dream States

Visuals, light Trails, appearing & disappearing

Touch, paralyzation, wind cool breeze, numbness, can’t feel things, everything feels the same, feels cold,

Hearing, can’t hear, rumbling, noise, wind, peoples voices are soft faded

Speaking, can’t speak

Taste, flat taste, hard to swallow, difficulty tasting or differentiating tastes

Electromagnetic Interference, lights don’t work, phone lines dead, equipment doesn’t work, or works poorly or erratically, heavy static

Thoughts, fuzzy, confused, clouded, phasing in and out of consciousness

Unique Experiences, Weird Creatures, Strange Language

Emotions, oddly unaffected, often high euphoria or fear, runs full gamut

Artifacts, remnants, crop circles, disappearance of items, burned areas (from chemicals, fire, wind, radiation)

Failure of Gravity, levitating or floating objects

--

Why are they here

Add the list, talk to them and find out for yourself

Tourists

Cultural Events, Movie opening, creft fairs, museums,
holidays, celebrations, parades,

Natural Wonders

Primitive Cultures (what they lost), Home cooked meals,
handwritten notes, basket weaving

Contemporary Culture, Movies, Dollywood,

Simple Pleasures

Shoppers, Souvener collectors, Jesus Cross, Holy Grail

Research

Human Culture

Contempory Technology

Primitive Technology

Earth Plants, Animal, Geography, Grand Canyon

Diplomatic Missions

Advance Scouts

Making Contact

Establishing Embassies

War, Peace, Trade, Conquest, Hunting Trips, Vandalism

Religious and Cultural Missionaries

Trade

Real Estate, Export Items, Plantation/Factory Investment

Humans as Food

Protean Bars are Made from People

--

Interview

In an effort to more fully explain the qualifications of the author of The UFO Attractors Handbook, the following transcript of a field interview the author most graciously granted to himself.

Mr Takosori you are the author of The UFO Attractors Handbook

Yes

Did you ever work for the CIDC

At this time I am unable to confirm or deny any work, association, or involvement with the CIDC.

So, you don't deny working for the CIDC

At this time I am...

Right, Right

...unable to confirm or deny any work, association, or involvement with the CIDC.

You worked for Fred's Burger Barn in the Altair System.

Good Times. Them Lizards sure like their burgers.

But the CIDC

At this time I am unable to confirm or deny any work, association, or involvement with the CIDC.

So Fred's Burger Barn in the Altair System, no problem. We can talk about that.

That's correct

But the CIDC

At this time I am ...

Right, Right

Look I really have to finish saying it. No use trying to cut me off. So where was I,

You were saying you were Un-able

Thanks, um, unable to confirm or deny any work, association, or involvement with the CIDC.

OK. OK. But if you say this long qualifier whenever anyone mentions CIDC

I at this time,....(etc)

Then, isn't saying the qualifier pretty much a big red flag?

I've always been a big flag waver. A patriot that's what I am. But I ain't no commie, and I don't waive no red flags.

Look. Ever been to Moss Creek, Indiana.

Moss Creek?

Indiana?

Maybe.

Maybe? Your credit card receipts are right here.

I've been lots of places. I travel, here, there, lots of places. Don't remember them all.

Travelling for the CIDC?

At this time, ... (etc)

Moss Creek?

Don't remember.

Let me Jog your memory.

I get enough exercise, if it's all the same to you.

Whatever. Fire ball flashes through sky. Hundreds of eyewitness accounts. Cigar shaped object slams in shopping center, killing dozens, hundreds wounded...

Sounds awful.

...Diplomatic ship, envoy from the Helsing Federation

Nice Chaps?

No not nice chaps, war almost breaks out.

Ring any bells.

No. Not really sounding familiar. Something like that, you'd think you'd remember.

So you weren't in Moss Creek?

Don't remember it.

And you didn't investigate for the CIDC?

At this time, ... (etc).

Look. You're Mr Takosori Right?

Yep?

And you are the author of The UFO Attractors Handbook

That's me

So you're interviewing yourself?

Pretty cool huh?
And, I can say CIDC
At this time, ... (etc)
But you can't.
Haven't really had the urge to say those particular combination of letters.
Doesn't that seem a little odd.
I've seen stranger.
A little Split Personality too you
Oh, now that's clever.
Thank you.
So are we done?
Not quite. Twenty years of service for the CIDC
At this time, ... (etc)
Isn't it kind of hard to collect a pension if you can't even say the name?
You have no idea.

--

Want to See a UFO, Then Look for a UFO.
If you don't look, how can you see.

Meat, Pudding, it's all the same.

--

UFO Interview 2

Mr Takosori, can I have a moment of your time.
Oh, it's you again.
About our last interview
Look I'm busy, I'm tired, leave me alone.
I just wanted to ask you about the CIDC
They cancelled my pension.
No At this time, yada yada, just they cancelled my pension.

Wait! They cancelled my pension!

Yeah, apparently you couldn't prove employment.

Wait, this is ridiculous, I worked there for 20 years.

They'd never heard of you.

I was a star operative.

They'd never heard of you. Never heard of me.

Never heard of Fred's Burger Barn in the Alair System.

They'd never even heard of the CIDC.

The CIDC had never heard of the CIDC? I'm finding this hard to believe

Government employees. It's a sign of the times.

But the pension checks. I've got a pile of cancelled checks.

Go look. Not anymore. That pension thing was a big oversight.

Once they realized the implications it was all over.

So no pension.

No pension.

So that's why all the boxes?

I'm moving. Some loud madman was going on about my involvement in the CIDC, UFOs, and Aliens. Making a scene, Landlady said I had to move.

Sorry about that.

Hey, no problem. What am I gonna do, beat myself up?

But, what about the pension?

It really wasn't that much. Truth is, it was almost like it never existed. Besides, I got this book deal.

Oh, yeah. About that book. I guess it's kinda mute, but I was gonna ask you about the previous interview.

We've come this far, ask away.

Why could you mention Aliens and stuff, but not the CIDC?

Nobody's ever gonna believe in UFO's.

But a secret, corrupt government agency

That cancelled my pension

Yeah, that cancelled my pension.

Now that, that's believable.

Still, it's a shame about the pension.
You're singing to the choir.

--

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© 2006 Copyright Brett Paufler -- Brett@Paufler.net -- All Rights Reserved. This document was originally downloaded from www.paufler.net/takosori/index.html and that's where the rest of Eddie Takosori's works may be found. It's fiction, yada-yada, and any resemblance is coincidental. Also, might not want to try this at home. Just saying... Attracting UFO's has been known to have severe negative side effects.

Also please note, this is only the First Edition of the UFO Attractors Handbook. There are Second & Third Editions as well. And although the subject matter is more or less the same. The line for line copy differs. Each is a complete rewrite from beginning to end. Well, not the Third Edition so much, Eddie died before he finished it, but you get the idea. Concept = same. Jokes/copy = different.

Touch Your Toes
Bang you Head

How to be Your own Therapist
Close your eyes. Take a deep breath. Center yourself.
Pick appropriate message/response and say slowly to self with
compassion and empathy

Have you tried...(pause)...	Exercise
Have you tried...(pause)...	Sleeping More
Have you tried...(pause)...	Changing Your Diet
Have you tried...(pause)...	Getting a Hobby
Or my personal favorite	
Have you tried...(pause)...	Meditating

What do you think?

Get New Glasses
Take off your blinders --

Dangerously Over-Educated.

Don't even get me started on the sheer absurdity of taking advise from a book entitled, The UFO Attractors Handbook.

If you need more information than this; say references or journal article verification, then maybe, just maybe, you're reading the wrong book.

--

Don't waste your time with Computer and Video Games.
They are more deadly than you could possibly imaging.

Doom, Call of Duty

Why would anyone want to devote time to learning the skill base of hand-to-hand combat and small arms fire? Get good at this and the next thing you know, you're battling the Insect Warrior Caste of Klick-it. Not a talkative bunch, those Klick-itnese. Pretty much intent on eating your spleen.

Travel the Universe, Meet Exciting Creatures, Try Hard not to get your Spleen eaten. Not much of a recruitment slogan to me. Do what you want. But, building a career around small arms fire is a good way to die young.

Tetris isn't any better. Just a recruiting aid to determine ones aptitude to run a pre-cog overlay. Not an exciting life, and the pay sucks.

I could go down the list, but why bother. Look, for most of these things your just training for some dangerous low paying job with an absurdly short life expectancy. Hey, great, some kid in Jersey could play Defender all day for a quarter. I lasted five minutes. What kind of future is that?

Stay in school. Get a good job like your parents always wanted. Stay away from the Video Games. They'll enslave. Make you go crazy.

You could end up being a writer. 'Nuff said.

--

Study, Learn About, Know and most importantly
SEEK OUT IN THE REAL WORLD
Immensely Cool Metrological Phenomenon Like

Sun Dogs
Mirages
Ice Halos
St Elmo's Fire
Aureoles
Moon Rings
Lightning
Ball Lightning
Swamp Gas

And on and on. Make your own list. See it live and in person.

Learn it, Know it, Love it.
See it, Say it, Do it.

Want to read about UFOs, get a book.
Want to see UFOs, put down the book.

How are you supposed to learn about St Elmo's Fire without reading a book?

Don't take that attitude with me. You're a smart cookie. I'm sure you'll

figure it out.

-

Abbreviated from the original

The Mathematical Certainty of Alien Life, Dr Wilhiem Shrinklitttle, PHd,
New Brazillian Open University, Department of Information Retrieval

There are 100 billion galaxies, with 10 billions stars per galaxy, and 10 planets per Star, this Comes to Ten Thousand Billion Billion Planets
If only 1 in 10,000 Planets develops life and only 1 in 10,000 planets with life develops a civilization and only 1 in 10,000 of these civilizations develops a star drive, then this yields Ten Billion space traveling Civilizations in the Universe.

Leading to the inevitable conclusion that space-traveling aliens are a mathematical certainty. And, those aliens most assuredly are visiting the Earth, if only to escape the rest of a massively overcrowded universe.

This is not conjecture, or theory. This is Incontestable Scientific Fact as published in the finest of journals.

* * *

What is perhaps more controversial is Dr Shrinklitttle's follow up work. Once again abbreviated from the original

Intelligent life in the Universe is Mathematically Impossible, Dr Wilhiem Shrinklitttle, PHd, New Brazillian Open University, Department of Information Retrieval

As seen in fractals, the universe mirrors itself. What is seen on the micro level exists as well on the macro level. In studying the universe the earth serves as the micro and reflects what is going on in the greater cosmos.

Given that only 1 in 100 earthlings believe Kennedy was

assassinated by the CIA despite overwhelming evidence to the contrary easily available on the internet; and given that only 1 in 10,000 earthlings believe in alien life despite Dr Shrinklittle's a mathematical proof to the contrary; and given that only 1 in 100,000 earthlings believe in the Loch Ness Monster despite photographic proof to the contrary; and given that only 1 in 100,000,000 earthlings believe Elvis was cloned by Aliens, despite the hundred of lounge acts in Vegas alone; Given all of that, intelligent thought on Earth is extraordinarily rare, perhaps even non-existent.

Since the micro mirrors the macro, even though there are in excess of ten billion star faring civilizations. There would need to be at least a billion trillion more such civilizations for there to be any remote chance of there being intelligent life anywhere in the universe. As Dr Shrinklittle concludes, "With the current number of civilizations in the universe, there is only one billionth of one percent chance than any of them are intelligent."

Sadly, this corollary work, which many believe to be more significant than the original, has not received widespread support. Dr Shrinklittle and his supporters, which are admittedly few and far between, find this rejection of the corollary proof as further proof of it's veracity.

--

When we awake to the realization that the universe is not rational
A whole new world of experience and opportunity opens to us.
The world of the Ir-Rational, where absolutely anything and everything
is possible.
Why chain ones possibilities by the bonds of the Rational.
Be Free. Be Crazy.

-

Friday Morning when you leave for work, disconnect your answering machine, take the phone off the hook, unplug your computer, and turn off you TV and Radio.

Don't turn them on or plug them back in until you head for work on Monday morning.

The weekend is yours. Don't give it back to them.

Unplug, Disconnect.

-

As further proof of my unsuitability as a entrepreneur, I place the sales pitch for The UFO Attractor's Handbook here, deep in the middle of the book:

Eddie Takosori, a certifiable UFO expert reveals the inside scoop on the where, when, how, and even why of the tricky art and science of UFO ology.

"Oh, he's certifiable," the critics agree.

"One of a kind, unique," pointers, techniques, and information not available anywhere else.

No where, no how, not at any price.

It's priceless.

Certifiable, Unique, and Priceless.

But not free.

The UFO Attractors Handbook

Change your life. Change your reality.

If you can see UFOs, then you can do anything. Here's the program.

Here's the guide. Here's how. Take the step. Buy the book. Change your life.

-

Seeing UFOs that's the real trick, the real thing. If you can bring UFOs into your world, you can bring anything into your life. Reach for the stars as you start your new life and create a new reality for yourself with The UFO Attractors Handbook.

If you work this program, you can do anything.

Examples sited in book come from personal experience and imagination and are not typical. Individual results may vary. If you believe Zarton 4 exists, I've got a time share there I'd like to sell you. Everyone knows Zartan 4 is just a place the con men of Bool'in made up. Don't trust Con men from Bool'in. Heck, don't trust any con man. That's the kind of useful advise contained within the pages of The UFO Attractors Handbook.

--

How do you, I, write a UFO book.

First one starts by writing everything they've saved up in their mind their whole life on the subject. UFOs. How to really see UFOs. So, UFOs, perception, nature of reality, which devolves into personal philosophy, etc. Some of this stuff is serious and some is not. Lets have a little levity here. We're talking UFOs after all.

So, I use all the saved up stuff. Now, I'm looking for new stuff. Everything gets related to UFOs or at least I try. Sometimes I need to stretch a little. Others, I need to stretch a whole lot. Some of it is to be taken seriously, others not. You need to draw the line for yourself.

Then, I start trying to sell the book. Write a book jacket, an ad summary, copy for the back of the book, or a cover letter to a publisher. Or, I imagine I am at a book signing and have to explain the book in

whole. Or, I'm being attacked and I need to defend the book.

Here's a Defense

-

UFO

What is a UFO but an unidentified flying object. If it's in the air, it's flying and if we don't know what it is, it's unidentified. Hence, anything that's in the air that we can't identify is a UFO. This is the description. It's a military category in an incident report filing system. They could have called the category miscellaneous, other, unsolved, or unexplained. They called it UFO.

In the sky, don't know what it is equals UFO. IN the city, we go outside. We look into the sky. We see a plane. Is it a 747 or a 727. Don't know what it is? Equals UFO. Weenie? Sure. Is that flight 17 to Denver, or flight 47 not Newport? Don't know what it is? Equals UFO. So, UFOs exist. Is this a cop out. You gotta believe it.

-

We stay outside. It's night. There is a light in the sky. Some guy calls it a plane. Another light. Another plane he says. Light. Plane. Light. Plane. If light always equals plane, then we always know what it is. So when the invading Armada from Klick-it comes screaming down from the night sky in attack formation, to disguise themselves, all the Klick-its gotta do is tape a floodlight to the front of their space ships. Another light. Another plane. He'd be wrong, but wouldn't have his spleen long enough to care. Now, I wouldn't have me spleen either. Those Klick-it Warriors are the true bad asses of the universe. But, the important thing isn't that I'd be dead. What's important is that I'd be right. Book sales for The UFO Attractors Handbook would go through the roof on Betel 9. And, I'd be Right.

--

So, we got two extremes. UFOs are everywhere and UFOs are nowhere. You pick your comfort zone, you pick your level of belief. You pick your truth and Your reality.

Don't ask me to prove UFOs or even if I believe in them. What? You

too chicken to define your own reality?

--

Look, Suppose their ain't no UFOs and not a single alien out there. Not now. Not ever. It's all a big lie. Even crazy people don't see them. They are liars too. Cause if you allow for crazy people seeing them, I got lots of stuff in here, you follow, you well defined reality starts to melt and ooze. But, what if they are all liars? What then? I mean if you follow the program, and their just ain't no UFOs or aliens, What have you lost? What would it matter?

If you're average, typical, and you followed my program for just one year. Then What? Well, Maybe:

You'd watch 100-200-1000 hours less TV.

Read 50-100 less books.

Gone for over 500 walks.

Started Meditating.

Done Dream work.

Explored new areas in your community.

And learned how to make many, many things a reality in your world.

You might have even learned how to laugh, maybe even at yourself a little.

OK. Maybe you'd not see a UFO. Lightning doesn't strike everyone. You might never see a UFO. The aliens might never invite you to dinner. But you would've;

Taken a cross country trip, slept under the stars, learned about astronomy and meteorology, and met lots and lost and lots of new people, and had some really mind altering conversations with them.

I can't guarantee the destination, but this is the best guidebook I can write to show you how to take one hell of a trip. Buckle up, hang on, and enjoy the ride.

Metaphysically, if you've never had a reality cop pull you over for speeding or reckless endangerment, maybe you should open it up a little

and see what this car, er life, can really do.

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Put your name on the opt out list for
Junk Mail
Tele Marketers
Junk Fax's

Get a Spam and Pop Up blocker.
Remove unwanted communication from your life.
Retain your focus.

--

Bored with your Tuesday Night? Watching TV or reading again not doing it for you? Try UFO Watching.
Friday night the bar closes. The Weekend has just begun. What to do? Try UFO watching.

Join the millions of Americans who have already found the ideal hobby, that's right, UFO watching. But how to begin? Where to go? What to do? Isn't it dangerous? And, the ever popular, How do we avoid those probes?

All excellent questions. Until now there was no concise easy to reference guide for this rapidly growing hobby. Thankfully, The UFO Attractors Handbook fills this void.

Written by Eddie Takosori, eminent UFOologist and retired field operative for the CIDC.

Find out what they don't want you to know.
Alter your life, change your destiny, choose your reality.

The UFO Attractors Handbook gives you the knowledge and guidance to effect a total and complete lifestyle make over. It plots your course through the changes you need to make to shatter the bonds of reality.

Put simply, some people have witnessed UFOs and made contact with aliens. Want that sort of Experience? Well you can. Forget what you know and let The UFO Attractors Handbook take charge and walk you through the changes required for a whole new reality.

The universe is waiting.

Cleverly disguised as a work of humor, The UFO Attractors Handbook, is a total lifestyle makeover program.

Follow the steps, make room for UFO's in your life, and watch a whole universe of possibilities open up. Quite literally the sky's the limit.

Actual results will vary.

Mr Takosori's Experiences are not typical.

Affiliation with the CIDC has not been confirmed or denied by either Mr Takosori, or the CIDC.

Life Wasn't meant to be this boring.

Change. Now.

With The UFO Attractors Handbook.

-

Adopt an odd Affectation

Wear Sandals in Winter. Wear green for a year. Get a UFO lapel pin and wear it all the time. Wear a cowboy hat, a bowler, a bowtie, or a bolo. Get a Mohawk. Change it up. Step outside the lines. See who notices.

How does this affect other areas of your life? How do other people react.

-

Let the past go. Bury it. Better yet, let the past bury its own.

Let the future come to you. Prepare, sure. Have your eyes open, but live now, not in some future mental image.

The action is right here, right now. Not in two more pages, or the next chapter. Now. This is it. Stand up, jump around, make some noise. Enjoy it.

If it ain't here, you don't have it, let it go.

-

Fake a UFO

Become part of the tradition. Get in the game.

Take pictures of fake UFOs. Try to improve on them. Get it just right.

Look at pictures in a UFO book. Try to copy them. How would you take that picture if you were going to fake it.

Want to tell the real from the unreal, you're gonna need to look real close at both.

-

Do without something for ten years, invest the money instead, and more often than not; You'll be able to afford that thing for the rest of your life from the profit off the investment. Works for anything, cars, rent, cable TV. This is the way compounding interest works.

Work forty years and only save ten percent, and in your retirement you'll have more money than when you were working.

I'm freeing up your time from reading investment books.

\

If you're rich and you look for UFO's you're eccentric. If you're poor and look for UFO's, you're just off.

Being rich is better for a whole lot of reasons.

All roads lead to UFOs

Let your energies go off in multiple directions. Let your search for UFOs lead you to travel, photography, studying astronomy and meteorology, develop friendships, and work a job. Live. Let the energy go off, watch it swirl around, coalesce, and return to you bringing the UFOs and aliens with it.

Send out a calling card. Let the Aliens know why they should be seeking you out.

-

Remember, being eaten for food isn't the only alien threat. Some aliens want to hatch their eggs in you. I've seen Alien, it could happen. Some want your body, some want your mind, some want your soul.

Some just want your money, which is really just like taking a little of each.

-

Self delusion is a wonderful thing.

-

Seek out something Massive
Ocean, Mountain, Desert
Get in tune with it

Experience it's presence

--

Visualization

The next best thing to being there

--

Some will note the lack of journal articles and scientific rigor in The UFO Attractors Handbook.

To this I reply, there is a decided lack of journal articles to cite, leading an intelligent observer to conclude that perhaps the scientific method is not the best method to use if the goal is to observe UFOs.

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Books are tools, Not Destinations

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No Fear, is for people who don't mind broken bones.

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Keep in mind, 1000 years ago, Europe in the grip of Christendom; You would not be reading a book about how to bring aliens into your life, but angels.

--

Now there is a controversial idea. There is no proof, hard, fast, scientific evidence that Jesus is the son of God. Or, even that God exists at all. Plenty of people believe in Jesus and God. More power to them. Now Aliens and UFOs. There is not real publishable, peer reviewed proof that aliens or UFOs exist.

Believe in God or Jesus, or not. What do I care? Believe in UFOs or not, what do I care?

If you want to see the face of God, Jesus in the body incarnate, a holy angel, or yese I put them in the same sentence; If you want to see God, Jesus, Angels, Aliens, or UFOs, It's all the same to me.

the premise is to make your reality. You get to choose the contents of that reality.

I should also point out that the world of beliefs also includes Satan, Balzebulb, and the warrior caste of Klick-it. Choose your reality

carefully.

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Following my own advise, on the drive to work, I watch teh sky and enjoy the sunrise. Three small clouds catch teh morning sun and glow divinely. Clouds? Airplane contrails? or, and invasion force from Klick-It descending to Earth. A wonderful otherwordly sight. But, even if it is a Klick-It invasion force, still I must go, lest I be late for work.

--

Aliens are Angels, or Demons. Alien life forms will vary and take on esoteric forms.

How do we know the common cold is not of alien origin? How do we know it is not a sentient being? Parasatic to be sure, but intelligent and parasatic are not mutually exclusive concepts.

(Kindly note the absence of any editor or laywer joke here)

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Read this book in bed.

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Read this book in bed.

Don't read books.

Read only books about UFOs and aliens.

Make up my mind?

Why not try all three. There is probably a fourth or fifth option as well. I will leave it to you to figure them out.

--

As you read other books, write your own book.

--

As for those who value science, and say that it imparts truth, consider how we, you and I, know what we know.

The Earth is round, atoms are made of electrons and protons, the universe is fourteen billion years old. We know this why? Because we, you and I individually, on our own, because we have conducted experiments? No, not me. Maybe you did an experiment in 8th grade which demonstrated the existence of electrons or that the universe is

fourteen billion years old, but I didn't. I saw a film strip, and later some show on NOVA. NOVA brought to us by the same people who brought us Barney Miller and Three's Company, so I don't even want to hear any questions about the veracity of the source.

Now, I like the whole electron concept. Seems to work for the people who need to know about such things, but have I ever seen proof. No. I haven't. I'm willing to accept electrons. Call me quirky. Electrons work for me. No one questions electrons, because everyone believes in electrons. It's so ingrained, it's hard for most people to comprehend that electrons are just an idea, a theory. Really no more different to me than so much scientific propaganda.

How do I know electrons exist? My parents, friends, and teachers all agreed, electrons exist. And, How did I know UFOs weren't real? Once again, everyone agreed. Well, everyone with an ounce of credibility. I mean you can't take those UFO nuts seriously.

So, where does that leave us?

First, everything that Science tells us is no more credible or certain of TRUTH than...

Well, than anything, or any one.

What I know about Science was told to me, in person, by TV, movies, books, or other media sources. Told to me either directly or indirectly from one person to another. Truth is not determined by how many people believe it, what types of degrees those people have, or their marketing budget. Truth is not a popularity contest.

Truth...

Truth. The big T, TRUTH is yours to decide for yourself. That's what freewill means.

Are UFOs real? Decide for yourself, follow your desire, your belief. But what if your desire and belief do not match up? Well, that's more difficult. Making manifest in reality that which one does not believe is

admittedly more difficult. Not impossible, just more difficult.

Take small steps. You'll get there.

--

Do not be the limiting factor in your life.

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I do not reject science, anymore than I reject Christianity. Neither are particularly meaningful constructs to me. The faith of one is no different from the faith of the other. To be sure, the belief, the content, is different. But the faith. The faith is the same.

--

It's odd. I really, really, don't like flying in airplanes. But with flying saucers, I'm never concerned with safety, crash landings, or anything. Go figure.

--

Ask yourself; If I were the one true believer, of the one true religion, how would I live my life? Answer the question. Then do it. Live it.

--

False Memories

Assume you live in a society in which there is an intentional UFO/Alien cover-up, a conspiracy. And, your memories have been fogged over.

When is the most likely time in your life that you would have encountered this? Doctor visit? School? Music lessons? Spend a minute or two every day remembering the event as it really happened, and not as they want you to remember it. Do this for a month.

Then pick a new episode when they fogged your memory and repeat the process. Re-ignite your true memory. Repeat. Repeat again. At the end of a year, you will have twelve vivid memories of alien conspiracy cover up experiences relevant to you own life.

True experiences? You decide.

--

Need I say it again. Truth is relative.

--

How do we know we do not exist at the nexus of two intersecting universes? One in which science dictates and the other were science is a

totally meaningless concept. There is no way to know this, or know it not to be true. Accepting science as absolute truth binds one into a science based reality. Likewise, banishing Science, banishes one from a scientific reality. I've always felt the best option was to straddle both worlds.

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A witch with steel is powerful.

--

The well fed slave.

I am a slave. I work and toil all week long. The majority of the money I earn goes towards rent, taxes, and most amusingly the supplies I need for work.

Birds don't pay rent. Squirrels don't pay rent.

Who would willingly pay taxes to a government whose main purpose is to stay in power and enforce the status quo of them going to work so they can pay taxes?

Half the money I earn goes to what? To others. To the masters. Then I own a car to get to work, buy nice clothes so I am presentable at work, pay for school to be employable... Track down the majority of my money, and one will come to the same conclusion. I work to make money, so I can afford to work.

Oh, I eat good to be sure, and get lots of free time. But, the concept is, I spend most of the money I earn as rents, profits, and taxes to other more powerful entities. Money I wouldn't have to earn in the first place if those entities didn't exist. How much do I transfer to those more powerful entities? Not 10% or 20% of what I earn, but 50-70-80%. At what % does a person become a slave?

Do the masters have any incentive in freeing the slaves? Probably not. So, why would the masters have any desire to tell the slaves the truth?

Only truth will set you free. And only you, independently, by yourself, can tell what truth is.

No need to believe my truth. What I have advocated from the start was for you to write your own book. Write your own truth. As long as you look to others for the truth, for validation, for whatever, you will be enslaved by them.

The purpose of money is to get others to do that which they would not otherwise do. The purpose of books is to sell books, to make money. You do the math.

It just goes to show how different other peoples experiences can be. I wrote the whole first draft of the book before I even considered sex with aliens.

Sounds interesting. Maybe has potential. Amazing to me how hot aliens seem to be for humans, when one reads the literature. But hey, I've got a car. I'd drive 10, 100, maybe 1000 miles for a good time. If I had a spaceship, who knows how far I'd travel?

Aliens and sex?

Personally, I'd rather do elves or fairies. Big eyes, green head... never really been my type.

Tea leaves.

Clouds.

And, the forest leaves.

Spend some time practicing the art of seeing. Look in clouds for

pictures, symbols, and omens. Look until you see something. Do the same for patches of gravel, leaves, and trees in the wind.

The world is alive. Access the symbolic world. See the face of the forest.

--

If the something takes up all the space in your reality, it will become your reality.

Have a goal? Fill your world with it, and it will become reality. Make your goal manifest in reality by making your goal your only reality.

Nature abhors a void.

Create the void, and limit what fills it.

This is the magical, alchemical secret of success.

Scientists are not a homogenous group. They do not innately agree. Any brief survey of the journals will show articles entitled; "Dr X, Revisited" or "A Review and Contrast of the Competing Theories of Y." Saying scientists believe X, is like saying Christians believe Y. Many Christians likely believe Y, while in many instances just as many don't believe in Y. Clearly the methodology, dogma, even the pantheon of Catholic flavored Christianity differs from Evangelical Baptist flavored Christianity. Saying Christians believe Y, is little more than saying some Christians believe Y. Other Christians, or at least other people who claim to be Christians may in fact not believe Y at all but something remarkable different.

To take it from a different tack; Some football fans believe Z and some do not. Some fans believe Dallas is the greatest football team ever and will win the Super Bowl this year, and some do not. Some fans prefer to

see a high scoring game, and some do not. Some fans believe a passing game is preferable to a running game, or that a well executed passing offense will beat an equal running offense, and other fans do not. No reasonable person believes that all football fans believe the same thing. It would be ridiculous to make such a statement. And no reasonable person, knowing of the hundreds, nay thousands of different Christian Sects would say all Christians agree, "This is the way to be Christians." So, why in the world would anyone believe all scientists agree? All scientists do not agree. Some scientists believe in UFOs and some do not.

When someone says, "science shows," or "science tells us," what they are saying is "I believe a reasonable interpretation of reality is..." If one believes, as I advocate, that reality is malleable, changeable, and subjective, then one also understands it is possible for there to be multiple truths. It is possible that in this world "UFOs are real" and "UFOs are not real" are both true, factual statements. If reality is understood from this point of view then science reduces into someone's opinion. Science is often interesting, seldom of help in a search for UFOs.

Is this a rejection of science, or a quiet acceptance that science has rejected us in our pursuit of UFOs?

I believe and advocate that reality is a malleable, changeable, subjective thing, which can be different for each of us. I believe "Science," in the end, is merely an expression of another's, or many others belief as to what reality is. Good for them, I'm glad they have a point of view, a personal reality. It just doesn't happen to be a reality where I wish to spend a lot of time.

If reason and science are working for you, great. I love them on a part time basis. But, not full time. Part of the time I like to toss reason aside

and let come what may. This is the force of Chaos my friends, and if the ordered existence they are giving you isn't working out, why not toss reason aside and take a walk on the chaotic side.

If you don't believe, you will not see. It is difficult to practice seeing is believing when ones eyes are clamped shut. Believe for awhile. Enjoy the movie. Watch the show. Let judgment pass and put disbelief on hold. Remember all those alien abductions and UFO sightings. The aliens will bring you back home safe and sound. No fear. Enjoy the ride. When the experience is over, go back to your life if you desire.

In the meantime enjoy Mr Toad's wild ride.

Seeing is believing, but if you don't believe, you won't see. How to see without believing? How to believe without seeing?
Hence the book.

Constrict reality to the goal & the goal will become reality.
Making reality manifest is that easy. The rest is humor, digression, and self indulgence.

Sports are not news.

Who won? The Cubs or Sox? This is not news. This is not important world altering events. I can't name a single professional (or amateur) bocce, badminton or volleyball player. Leading me to believe, those sports are not important. What makes football or baseball so different? Does it make a difference to my life whether some athlete scored some points, used steroids, or got a DUI? No it does not.

Sports are not news.

That newscasters continue to broadcast sporting results along with the news, leads me to believe the rest of the news isn't important either.

“...Governor meets with union delegates..... In other news
Larry Schmidt was drafted by the Saints...”

I don't need to know either. I don't want to know either. They are neither critical nor central to my happiness, productivity, integration or interaction with society, or achieving my goals. Don't believe what they told you in school. News and current events are not important. 99.92% is gibbering rubbish. 99.92%, there have been studies. The other .08% is inescapable. You will be told repeatedly by well meaning friends, family, and acquaintances. So, why bother putting any effort into it?

You are not improving yourself by listening to the news. You are entertaining yourself.

Sporting results
Tallies of dead in Iraq
Election results.
It's all the same.

Watch the sky, not TV.

Listen to your intuition, not the radio.

Read you fellow man, not books.

The great and powerful OZ has spoken.

Want to get out of jury duty? Just mention your relationship with the aliens. You'll be dismissed so fast it'll make your head spin.

The Prime Directive, Diplomatic immunity and all that. Aliens are immune to prosecution, barred from public office, can't vote, and yep, you guessed it, not allowed to serve on juries.

So mention the aliens and your eligibility is questionable, next thing you know you got the rest of the day free.

Go to a 12 step meeting.

Release the past, gain the future.

--

Climb the mountain one step at a time. It looks tall, but give it time.

Look back in a few years, and you'll be amazed how high you've climbed.

--

Sleep with the windows open

--

Qualification

This book is a work of fiction. No person, place, thing, or idea in this book is real, nor is it intended to resemble reality. Actual contact with aliens or sightings of UFOs can have extremely dire consequences including but not limited to; social ostracism, imprisonment by aliens, death by aliens, dismemberment by aliens, paranoia, post traumatic stress disorder, along with a myriad of other mental ailments including; apathy, loss of appetite, radiation poisoning, and/or especially chronic, erratic, and eccentric behavior.

The most trouble symptom, of course, is the insistence on writing your account. For purely philanthropic reasons, not for personal glory, money, or women, it's for humanity.

Consult a physician before any changes to medications, supplements,

sleep habits, eating or exercise programs. Heck just go see a doctor, and follow the doctors advise, not the advise of some two bit pamphlet, written by some hack who claims to have seen flying saucers.

Consult a lawyer. Nothing in this book is intended to advocate breaking any law. Obey all local, state, federal, and galactic laws. Consult an attorney for appropriate legal advise.

Do not expense your trip to Betel 9 with those honeymooners from the Serundip Nebula. It's not a deduction. Those guys at the IRS are very serious about their taxes. They don't like "Comedians." Just trust me on this one. Nothing will get your return audited faster than trying to take some very reasonable and modest deductions without the appropriate receipts. Apparently Earth and Betel 9 do not have a Tax treaty. Consult a CPA or tax professional for all tax questions. Consult the appropriate government agency or consul for all travel inquiries, restrictions, visas, and regulations. You thought getting back into the US from Mexico was difficult.

Do not alter your reality without appropriate clearance and the proper forms completed, signed, and stamped in triplicate. Or there will be consequences.

This is not a real legalese qualifier; see the appropriate qualifier for appropriate qualifications, and actual disclaimer for actual disclaimants.

This book was written prior to June of 2006, and as such enjoys protection under galactic law as a pre-assimilation artifact. Don't believe me just look it up. Damn aliens even they make me write disclaimers.

Trust no one.

Freedom is Slavery.

The truth is out there – ie not in here.

100% unconditional money back guarantee

This Book comes with a 100% unconditional money back guarantee,

Limited, oh yeah baby, limited to the conditional and terms of the bookseller where you bought the book. It also comes with a complete warranty of materials and workmanship. So if within the warranty period as stated above and explained below, the writing falls off the pages of this book you could get a new book. You know assuming you bought the book from a reputable dealer and not some fly by night place, or one of those used books stores. You know those used bookstores where they reuse books, horrid-horrid concept. They have it in for authors you know. And as a reader, you just don't know where that book has been. Better to buy new. That way it comes with a guarantee and everybody is getting their royalty.

If you buy it new, from a place that has a guarantee, then you'd have a guarantee, and if the writing falls off the pages, and it wasn't because of misuse, neglect, or contact with aliens technologies, We definitely will not cover damages by alien technologies, or acts of god, and between you and me, what is not an act of god. Anyway if the writing falls off the pages we would be pretty sure that one of those uncovered thingies had happened, so I guess if the writing fell off the pages it would pretty much be your fault and out of warranty, but hey what a story to tell.

Still, if you bought the book from a reputable NEW book seller, and not a disreputable used book seller (nasty sort) and you can convince the book seller to give you a new book, THEN I Guarantee 100%, that that's the only guarantee that comes with this book. And that's a 100% unconditional guarantee.

You can take that to the bank.

Though for the life of me, I don't know what they would do with it.

In truth, I've already more or less written what I set out to write. Heck, I wrote ten times what I set out to write maybe more. It started in conception as a 100 page book of airy empty pages. First page would have a simple sketch of a UFO and the facing page would have the title

and tag line, The UFO Attractors Handbook, Practical Advice for an Impractical Hobby. Two pages down. 98 to go. A typical set of pages would be the simple picture again, like of a flashlight, and then opposite: Get a Pen Light. Carry it with you at all times. Several times a day, and whenever you suspect UFO activity, check to insure the light works. Faulty electronics are classically associated with UFO's. And, so on. Not much writing. Believe it or not, books make money based on sales volume, not quality or words. So, why hassle a big word count. Pound it out fast. But, then I got carried away, started telling stories, and thinking the original concept might be a bit light. And, this is what we ended up with. But, what are the big 5? It's a good number. Small, easy to manage. What are the most important 5 suggestions, or whatever you want to call them, for attracting UFO's.

See, we could have stayed on the other page, but we didn't. We started a new one. It gives ya time to think, and soak it all in. Has absolutely nothing to do with padding the book.

Besides, what a sense of accomplishment. That's like what, three pages in half a minute.

You must be some kind of speed-reader.

You're the man, or woman, or some freaky alien I suppose.

But clearly, I digress.

One

Mess with your sleep. Number one interpretation of UFO's is a breakdown between the dreaming and waking life mechanisms in the brain. Remember; when you're dreaming, dreams seem awfully real

most of the time. So, mess with the sleep. Go for midnight walks, wake up early, go to sleep late, sleep in different places at different times, sleep with the lights on, or a window open. Pretty soon your mind won't know when to dream, but it still has to dream, and presto your dreams become reality. Even if you believe in UFO's (and let's face it dear reader, many who have read this far are mere tourists, and are not believers), a Lucid Dream taken aboard a little knock about space cruiser, with Clarence from the Dark Side Nebula, is as close to a real UFO ride most will ever come, but in the moment is every bit as rewarding. A little memory zap at the end of the romp to fuddle your brain, and was it real or was it Memorex, the world may never know.

Two

Test reality constantly, unceasingly. My mind does not stay locked to the present very often. How can I tell, if that very vivid recollection of the laughing and swilling beer with Clarence was real, a dream, or just some little bit of imagination where I spent a moment. You think you know? How? Your brain isn't designed to be able to tell the difference between real and non-real. Take a moment, imagine what being on a UFO would be like. Now compare the nature, texture, and feel of that memory with something that really happened. It's remembered in the same neural network, by the same tracks and traces, chemical agents, and electrical mishaps. One event is remembered with the qualification "REAL" and the other is remembered with the qualification "FAKE." One little bit of data gets messed up in the recall, and real becomes fake, and fake real. Did that really happen? No one knows. More importantly, in the moment, it's no easier to tell. It would be pretty foolish to become scared in dreams, if we knew they were dreams. And I got to tell you, I would take a lot more liberties with my fellow human beings, especially those cute cheerleader types, if I knew I was dreaming. So, how do you tell if you're in reality? Turn on your flashlight, look at a digital clock, snap your fingers. Yeah, snap you're fingers. If it don't make no sound, chances are you're in a place where not all the rules of reality hold. Say in dream land, or in the effect field of a Knowles Field Flux Inertia Drive (thanks for the \$50 Richard Knowles), which is well know to be the

stabilizer of choice for starships coming from the Dark Side Nebula, and which also incidentally messes with sound transmission. Truth is not important. Reality is overrated. If one or more of your senses goes down, all hell breaks loose in your head, kirsck ciops kkkfltr, or even words on the page become random gibberish which changes from moment to moment, chances are reality is not now what you always thought it was.

Time to take a moment and breath it all in.

Three

That's professionalism my dear friends. "Breath it all in." Transitions like that are what artsy writing is all about. So breath deep, breath often. How long is a life Grasshopper? One Breath. Do the zen thing. Here's another book I was thinking about, Zen and the Art of Scuba Diving, which I think says it all, since I don't ever go Scuba diving, just snorkeling. Anyhow, so I sit there in the surf, and the surge of the ocean goes in and out, in and out. So, what's the best pace for breathing? It's just got to be to match the surge of the primordial ocean. In and out. In and out. Now, I'm sold on what I call Zen, which to me means differentiating reality from the unreal. And since you've come this far, I hope you've noticed my life includes a great deal of what others might label as exciting, adventurous, or complete Bull Shit. What I like to elegantly refer to as the Unreal. So the breath is another focusing activity to keep one here, wherever that may be, and now, a rather narrow sliver of time. Breathe in, breath out. To be alive is to breath, so if you're not breathing? Well, what's up with that? Maybe you're time is at hand, and those 17 virgins are just around the corner, which brings me to another plug, Quest for the SkyGoddess, How to beat the system and get those 17 virgins while you're still alive. Why did breathing become the focusing activity for Zen? Because no matter where you go, or what you do, you're always going to breath. So pay attention to that breath. Paying attention to your breath while you're asleep is pretty

much the golden ticket to lucid dreams. Paying attention to your breath when the dreadnought class Klick'it warship comes crashing down 10' from where you are, is a good way to avoid a heart attack, and maintain the sense to run like hell.

Four

Go where the stars are. Simple advice. Look to the sky. Kill two birds with one stone, go for a midnight walk. How was I going to do it with so little writing? With golden ideas like this. Be outside in the middle of the night, every night, in the middle of your normal sleep pattern, and enjoy the sky. Learn the phases of the moon. Not out of some handbook, but because day after day, month after month, you see the moon. Get a job where the sky figures, at an airport, or an observatory. I still got that application in. Maybe someday they'd going to give me a hobby job to go to the top of the mountain, and spend the night at the observatory looking for UFO's. Now wouldn't that be kick ass, getting paid to look for UFO's, stare at the stars, only real downside is it's got to be on the Klick'it's strategic target list.

Five

Unplug it all. Turn it all off, the TV, radio, Internet, and computer. Put the book down.

TV muddles the brain.

Reading poisons the mind.

It'll give you crazy ideas, like seeing UFO's is possible, or changing your life is a good idea. Trust me. Listen carefully. Trust me. You can't trust what them author's will say. They'll say anything to sell a book. Anything. Absolutely Anything. Disconnect from the mind control, digital or otherwise. Go your own way. And when you're deep in the

wilderness, you'd be amazed how much people will spend to hear you spread the word, talk gibberish, and explain exactly the way to get such a cushy, easy, carefree life with nothing better to do than look for UFO's.

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Congratulations, you've just read a book on Zen, psychology, lucid dreaming, and the nature of reality. Just one last little thing, then I swear I'm going to unplug this sucker and move on. If a discipline or thing, like Zen, Psychology, or a Book can be used to clear the mind and provide insight into reality, it can also be used the other way to paint on layers of fantasy and unreality. Reality is overrated; most people aren't there anyhow, confusing the media's fantasies with the real world. I like the real world, I even end up there every once in a while, but as long as you are going to live in a fantasy world, and it is inevitable, why not live in a fantasy world of you own creating and choosing? One filled with love, happiness, world peace, and lazy Sunday mornings. But really, why just Sunday, being lazy is a full time gig. Do it Monday-Friday, and then take the weekend easy.

Reality? Good luck in finding it, and even if you do, better luck hanging on for more than a breath or two. Believing in the unreal is inevitable. We've got so many layers of fantasy painted on we don't know where it begins or ends, and likely never will. So enjoy the fantasy, make it a good one. Make it one filled with with UFO's, dancing girls, and whatever else you like. Now, I must go for I have a date with the Sky Goddess.

Put the book down, keep your hands where you can see them, and just back away slowly.

There are two types of great books
That which engages you completely, reality dissolves, and you enter the
world of the writer;
And that which encourages you to put down the book, regard reality, and
go forth with your life.

With any luck this is the latter;
When there is nothing else to read, nothing else to write, then you are
enlightened.

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www.paufler.net and that's where the rest of Eddie Takosori's works may be found. It's fiction, yada-yada, and any resemblance is
coincidental. Also, might not want to try this at home. Just saying... Attracting UFO's has been known to have severe negative side effects.*

*Also please note, this is only the First Edition of the UFO Attractors Handbook. There are Second & Third Editions as well. And although
the subject matter is more or less the same. The line for line copy differs. Each is a complete rewrite from beginning to end. Well, not the
Third Edition so much, Eddie died before he finished it, but you get the idea. Concept = same. Jokes/copy = different.*